A walk, even in winter, would be more beneficial to the health than all the medicine the doctors may prescribe.

Ellen G. White
Watch: The Time of Reckoning is Near

“Watch ye therefore: for ye know not when the master of the house cometh, at even, or at midnight, or at the cockcrowing, or in the morning: Lest coming suddenly he find you sleeping. And what I say unto you I say unto all, Watch” (Mark 13:35–37 KJV).

“The restraining Spirit of God is even now being withdrawn from the world. Hurricanes, storms, tempests, fire and flood, disasters by sea and land, follow each other in quick succession. Science seeks to explain all these. The signs thickening around us, telling of the near approach of the Son of God, are attributed to any other than the true cause. Men cannot discern the sentinel angels restraining the four winds that they shall not blow until the servants of God are sealed; but when God shall bid His angels loose the winds, there will be such a scene of strife as no pen can picture. …

“Could the curtain be rolled back, could you discern the purposes of God and the judgments that are about to fall upon a doomed world, could you see your own attitude, you would fear and tremble for your own souls and for the souls of your fellow men. Earnest prayers of heart-rending anguish would go up to heaven. You would weep between the porch and the altar, confessing your spiritual blindness and backsliding.” Testimonies, vol. 6, 408.

“When Jesus ceases to plead for man, the cases of all are forever decided. This is the time of reckoning with His servants. To those who have neglected the preparation of purity and holiness, which fits them to be waiting ones to welcome their Lord, the sun sets in gloom and darkness, and rises not again. Probation closes; Christ’s intercessions cease in heaven. This time finally comes suddenly upon all, and those who have neglected to purify their souls by obeying the truth are found sleeping. They became weary of waiting and watching …. They became indifferent and careless, as though His coming were yet in the distance. But while their interest was buried up in their worldly gains, the work closed in the heavenly sanctuary, and they were unprepared.

“If such had only known that the work of Christ in the heavenly sanctuary would close so soon, how differently would they have conducted themselves, how earnestly would they have watched! … Those not found waiting and watching are finally surprised in their unfaithfulness. The Master comes, and instead of their being ready to open unto Him immediately, they are locked in worldly slumber, and are lost at last.” Testimonies, vol. 2, 191, 192.
**Landmarks**

**February 2018**

**4 What Does God Really Mean?**
Many believe they will continue in their bad habits and sin until the return of Jesus and miraculously those things will somehow be taken away in a flash of light. There is no magic button to eliminate sin. It is in daily walking with Him that you overcome, step by step.

By John J. Grosboll

**10 Ephesus and Eternity**
In His great mercy, love and forbearance, the Father separated Himself from us temporarily that His majesty, His power, the brightness of His glory would not destroy us in our fallen, sinful, degraded condition. But He will not always maintain that separation.

Brenda Douay

**14 The True Object of Worship**
The Lord is “a jealous God” who refuses to share worship with any other god. The worship of the true God cannot be mixed with the worship of false gods. An ancient proverb declares that “when the half-gods go, the gods arrive.” When we dismiss all the lesser gods, the great God Himself arrives to claim our allegiance and worship. With Him it is *all or none.*

By Taylor G. Bunch

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The Sabbath is a time for reflection, a time to stop and consider whether we are gaining ground and better prepared for that pure kingdom in which no transgressor will enter. Are we better prepared today than we were last Sabbath? It is a time to consider how it is with my soul. Has the past week been a week of spiritual gain, or a week of spiritual loss?
Jesus Christ came to this world to give us a pattern of how to live. In The Upward Look, 184, it says, “Christ came to the earth to give to men the pattern of the perfect character that all must obtain who would be welcomed to the future heavenly world.”

Most Christians believe that if you come to the Lord and confess Him as your Saviour from sin, the battle is won and you are saved. However, the truth is that you are saved if you don’t turn your back on Him. Jesus has promised to save the repentant sinner and deliver him from his sins so that his character might reflect His own. Matthew 1:21 says, “… and you shall call His name JESUS, for He will save His people from their sins.”

Character reflects who you are, not just what you profess. A perfect character is one that is Christ-like. When the Lord returns, He is coming for His pure church, described as “without spot or wrinkle” (Ephesians 5:27 RSV). It will be “holy and without blemish.”

Many believe they will continue in their bad habits and sin until the return of Jesus and miraculously those things will somehow be taken away in a flash of light. There is no magic button to eliminate sin. Our best efforts to transform our own lives will never be good enough. So how can we obtain that perfect character? The following statement explains the process:

“God leads His people on, step by step. He brings them up to different points calculated to manifest what is in the heart. Some endure at one point, but fall off at the next. At every advanced point the heart is tested and tried a little closer. If the professed people of God find their hearts opposed to this straight work, it should convince them that they have a work to do to overcome, if they would not be spewed out of the mouth of the Lord. Said the angel: ‘God will bring His work closer and closer to test and prove every one of His people.’ ” Testimonies, vol. 1, 187.

If you are one of God’s children, this will be your experience. Do not be discouraged when it does not happen in an instance. It is a process. God is going to bring various situations to you for you to grow in the power of the Holy Spirit. Not many people like tests, but they are very important. You would never want to fly on an airplane with a pilot who had not been tested and proven worthy to fly. You would never want to have surgery by a surgeon who had not been tested and proven that he is fit to operate on you.

I hope you would not want an accountant to keep your books who had not been tested. Tests are necessary for us to know our true condition and to get us from where we are to where we need to be.

“God will bring His work closer and closer to test and prove every one of His people.’ Some are willing to receive one point; but when God brings them to another testing point, they shrink from it and stand back, because they find that it strikes directly at some cherished idol.”

On the Christian journey, you will meet many trials or tests. When you conquer on one point and keep walking with the Lord, you will find another temptation will come your way. This is the way life is, a continual battle with trials and tests. However, you need never face these tests and temptations alone. You may come to a place where you think you can not go any farther. “I can’t do that,” you may think to yourself. When that happens, you stop right there and do not advance until you overcome that trial. The Lord may bring you around and give you that same test again; each time it becomes more difficult but He wants to save you.

Jesus talked about this situation in John 12:35, 36: “Then Jesus said to them, ‘A little while longer the light...”

The Sabbath is a time for reflection, a time to stop and consider whether we are gaining ground and better prepared for that pure kingdom in which no transgressor will enter.
idols and heed the counsel of the True Witness. If any will not be purified through obeying the truth, and overcome their selfishness, their pride, and evil passions, the angels of God have the charge: ‘They are joined to their idols, let them alone,’ and they pass on to their work, leaving these with their sinful traits unsubdued, to the control of evil angels. Those who come up to every point, and stand every test, and overcome, be the price what it may, have heeded the counsel of the True Witness, and they will receive the latter rain, and thus be fitted for translation.” Testimonies, vol. 1, 187.

God is in the process of perfecting, of purifying His church. If the people in that church will not allow it to happen, then the angels will pass on and let them go.

Ellen White wrote, “Will the church that professes to keep the commandments of God keep them in truth?” The Present Truth, January 26, 1893. The church that professes to keep the commandments of God is the Seventh-day Adventist church, the Free Seventh-day Adventist churches, the Reformed Seventh-day Adventist church, the Advent Christian Church, and the Church of God, Seventh-day. All of those churches claim, and profess, and say, “We are commandment keepers.” But are they really?

We know from Bible prophecy that at the end of time there is going to be an attack against all commandment keepers. But that attack is not going to come from the true church.

In The Signs of the Times, April 22, 1889, it says, “… it is not the true church of God that makes war with those who keep the commandments of God and have the testimony of Jesus Christ. It is the people who make void the law, who place themselves on the side of the dragon, and persecute those who vindicate God’s precepts.”

If you really love Jesus, you will love the law of God. Jesus said He delighteth in the law of God (Psalm 40:8). When God’s law is written in a person’s heart, that person will not be fighting somebody else who is a commandment keeper.

There are many learned people, professional people and even ministers with doctorates who do not know the spiritual meaning of the ten commandments, even though it is not complicated. It is appalling that so many Seventh-day Adventists could be so far off in their understanding when we have so much information. In the commandment while making gods of their spouses. The Creator is to have the first place in our affections.

It was reported that Dwight Eisenhower, the 34th president of the United States, elected in 1952 and president until 1961, once said to his wife Mamie that she had the third place in his affections. The reporter did not say what or how she responded. Eisenhower told her that his first allegiance was to the God of heaven. Secondly, his allegiance was to his country, and she was third.

Whatever you think about his statement, President Eisenhower at least was not breaking the first commandment if in reality he acted in accordance with his statement. “Whatever we cherish that tends to lessen our love for God or to interfere with the service due Him, of that do we make a god.” Ibid.

The second commandment is about images. Remember, to have a perfect character, God’s commandments will be written in my heart and my mind. I will live my thoughts. My speech and my actions will be in perfect harmony.

Christ came to the earth to give to men the pattern of the perfect character that all must obtain who would be welcomed to the future heavenly world.

Free Seventh-day Adventist churches, the Reformed Seventh-day Adventist church, the Advent Christian Church, and the Church of God, Seventh-day. All of those churches claim, and profess, and say, “We are commandment keepers.” But are they really?

We know from Bible prophecy that at the end of time there is going to be a crisis. The crisis is coming to an end, and God’s people will be ready. He has already prepared His people to be ready. The problem is that we need to study and learn the commandments of God. 

Ellen White, in her book Patriarchs and Prophets, 305, Ellen White goes through each one of the commandments explaining in exquisite detail their spiritual meaning.

Regarding the first commandment, she wrote, “Man is forbidden to give to any other object the first place in his affections or his service.” Many men and women are guilty of violating this

Character reflects who you are, not just what you profess.
with God’s precepts. This commandment forbids the use of images in the worship of God.

Most people who do use images in their worship will tell you that they do not worship the images but just use them as a visual representation of God to enhance their worship. That is what all educated heathen have said for thousands of years.

Roman Catholics or those from the Greek Orthodox church will all tell you that they do not worship their images. However, the second commandment forbids the making of them and also bowing down to them. When I read the Roman Catholic literature about this, it states that they don’t worship the virgin Mary; they just “adore” her. The problem is that this is a violation of the second commandment.

The third commandment says, “You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes His name in vain” (Exodus 20:7). There are many people who will tell you they never violate the third commandment, when they are violating it every day of their lives, because they have not studied out what it truly means. Obviously, it refers to false oaths or to common swearing. Everybody understands that, but is that all it means?

Using the name of God in a light, careless manner or thoughtlessly mentioning the name of God in common conversation is breaking the third commandment. Imagine having a conversation with someone and every other sentence you say that person’s name and then about twenty words later you say their name again, and then again. After you have said that name about fifteen times it would sound really strange, but there are people who, when they pray, say God’s name every other sentence, over and over, ten or twenty times. Ask yourself the question, Is that polite? We should treat God with courtesy and kindness in accordance with the third commandment. Do we make appeals to Him in trivial matters, by frequent and thoughtless repetition of His name? Also, burning words of passion are written down in heaven as a species of swearing which is breaking the third commandment.

The fourth commandment, the longest commandment, is the one that Adventists are known for more than any of the others. People who know almost nothing about Seventh-day Adventists, will often times know that they keep the seventh-day Sabbath. The command is to keep the Sabbath holy. Have you ever thought that through and realized that it is impossible to keep the Sabbath holy unless you are a holy person? God has told us that the Sabbath is a sign between Him and us and that He will make us holy. I love that promise found in Ezekiel 20:12 and in Exodus 31:13.

When our children were small, especially on Friday evening, my wife and I used to gather our family together, and I would claim those promises for my family. I would pray, “Lord, You have promised that if we would keep this day to You, that You would make us holy. You have promised, Lord. We can’t make ourselves holy, but You have promised that if we do this, You will make us holy.”

Sabbath keeping involves more than physical preparation. In Isaiah 58:12–14 it says, “Those from among you shall build the old waste places; you shall raise up the foundations of many generations; and you shall be called the Repairer of the Breach, the Restorer of Streets to Dwell in.” Daniel 11 speaks of a power that is going to make a breach of God’s people. This power was mentioned in Daniel 11:13 and 14 several hundred years before it came into existence.

Many believe they will continue in their bad habits and sin until the return of Jesus and miraculously those things will somehow be taken away in a flash of light. There is no magic button to eliminate sin.
Burning words of passion are recorded in heaven as swearing which is breaking the third commandment.

However, Isaiah prophesied that God’s people in the last days are going to repair that breach. Isaiah 58:13 says, “If you turn away your foot from the Sabbath, from doing your pleasure on My holy day, and call the Sabbath a delight, the holy day of the Lord honorable, and shall honor Him, not doing your own ways, nor finding your own pleasure, nor speaking your own words…”

This has been one of the most difficult things that I have ever faced as a Seventh-day Adventist minister, because it is very difficult and gut-wrenching to me to have to rebuke somebody. I don’t like to do it. I don’t want to do it. The Spirit of Prophecy has given us instructions that ministers are to rebuke those who speak their own words on the Sabbath. I often say to myself, “Lord, do You want me to say something now, or do You want me to just change the conversation? What do I do in this situation?”

Ellen White writes about this in Patriarchs and Prophets, 307, where she says, “Those who discuss business matters or lay plans on the Sabbath are regarded by God as though engaged in the actual transaction of business. To keep the Sabbath holy, we should not even allow our minds to dwell upon things of a worldly character.”

Paul wrote, “Examine yourselves, whether you are in the faith” (2 Corinthians 13:5, literal translation). Are you really a Sabbath keeper? Is your mind keeping the Sabbath? We have some praying to do when our mind wanders onto all sorts of worldly business or pleasure on the Sabbath.

The fifth commandment says that there is a duty of respect and love due to our parents that are due to no other person. Disobedience to parents is one of the signs of the last days, according to 2 Timothy 3. Because of the complicated situations that some children are in today, there needs to be an explanation. In Ephesians 6:1, the New Testament puts a qualification on the fifth commandment. It says, “Children, obey your parents in the Lord.” That means that if your parent commands you to do something that is in violation of the ten commandments, you are not to obey, because your earthly father does not have more authority than your heavenly father. However, even in that situation, we should ask the Lord to teach us and show us how to bring honor to even our ungodly parents. Who knows that if you keep the fifth commandment, and show honor and respect to your ungodly parent, maybe you will be able to save them in the kingdom of heaven.

The sixth commandment in the Hebrew language is only four words, “You shall not kill” (Exodus 20:13). Most people would not even think to break that one. However, there are many ways this is violated. In the book, Patriarchs and Prophets, 308, Ellen White mentions eight different ways people constantly break this commandment. They include:

- all acts of injustice that tend to shorten life
- a spirit of revenge
- a spirit of hatred
- the indulgence of any passion that leads to injurious acts towards others, or causes us even to wish them harm
- the selfish neglect of caring for the needy or suffering
- self-indulgence
- unnecessary deprivation
- excessive labor that tends to injure health

A person may not murder or kill anyone but they continually violate the commandment by holding onto habits that will shorten their life. Research shows that by smoking just one cigarette, you are shortening your life by at least six minutes. To abuse health principles knowingly is to be in violation of the sixth commandment.

The seventh commandment is also short and to the point. “You shall not commit adultery” (Exodus 20:14). Everybody knows this refers to acts of impurity, but it extends to sensual thoughts and desires, or any practice that tends to excite. (See Patriarchs and Prophets, 308.) Many believe that you can think whatever you want as long as you do not act on it. That may be what the world thinks, but it is not what the Lord thinks. Today, there is so much entertainment available that stimulates sensual desire. People willingly engage in it and then wonder why they cannot control their thoughts.

Then we are commanded not to steal. This is also huge. It includes kidnapping or man stealing. Surely it includes slave dealing. No human being has a right to make a slave of...
another human being. It surely would forbid wars of conquest, which is one of the main causes of wars. The other main cause is difference of religion.

The eighth commandment forbids the overreaching in trade, which is almost universal in our society. It seems everybody wants to buy something for less than it is worth, and they want to sell it for more than it’s worth. When buying and selling, ask the Lord to help you know what is fair and what is right, and not take advantage of anyone.

In regard to the payment of just debts or wages, we are told that, “... every attempt to advantage oneself by the ignorance, weakness, or misfortune of another is registered as fraud in the books of heaven.” Patriarchs and Prophets, 309. In this society, to buy goods for ten cents on the dollar is called a fire sale, but be careful not to take advantage of someone in need. You would not want that on your page in the books of heaven.

The ninth commandment forbids false speaking, or the attempt to deceive. There is more to this than what I do with my tongue. You can break this law without saying a thing by just a glance of the eye, a motion of the hand, an expression of the countenance. A falsehood may thus be told just as effectively as with the tongue. Intentional overstatements, any hint or insinuation calculated to convey an erroneous or exaggerated expression or statement of facts in such a manner as to mislead, is a falsehood.

Any effort to injure my neighbor’s reputation by misrepresentation or by evil surmising, or by slander, or by tale bearing, breaks this law. In fact, just by being silent, thereby suppressing the truth, is dishonest.

The tenth commandment reaches down to the root of every sin there is. The selfish desire is what is wrong.

Are you praying that the Lord will divest you from selfishness?

We are told: “Let our daily prayer go up to God that He will divest us of selfishness.” Our High Calling, 242. The Lord would not tell me to pray about something every day if I didn’t have a problem.

“Jesus said, ‘The Father has not left Me alone, because I do always those things that please Him’ ” (John 8:29, literal translation). This infuriated the Jews to the point that they wanted to kill Him.

When Jesus comes again, He is going to have a church, a people of whom He can say, They always do what pleases Me. Make it your goal to be part of that church, part of that group of people.

Jesus said, “I have kept My Father’s commandments” (John 15:10).

He invited His disciples to have the very same experience that He had and that invitation is still open today. Your past may all be a jumble of one sin after another, but the Lord wants to deliver you from your guilt and give you a new heart, a new spirit, and a new life. When He comes, He wants to be able to say about you, “That person always does what pleases Me. My law is written in his heart.” That is the promise of the new covenant.

Do you want that law written in your heart, so that when Jesus comes He will be able to say that you always do what pleases Him? The law of God tells you what pleases Him. Pray that these principles may be written in all of our hearts.

(Unless appearing in quoted references or otherwise identified, Bible texts are from the New King James Version.)

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Character

“To the angel of the church of Ephesus write, ‘These things says He who holds the seven stars in His right hand, who walks in the midst of the seven golden lampstands: I know your works, your labor, your patience, and that you cannot bear those who are evil. And you have tested those who say they are apostles and are not, and have found them liars; and you have persevered and have patience, and have labored for My name’s sake and have not become weary. Nevertheless I have this against you, that you have left your first love. Remember therefore from where you have fallen; repent and do the first works, or else I will come to you quickly and remove your lampstand from its place—unless you repent.’”

Revelation 2:1–5 NKJV

Ephesus and Eternity

By Brenda Douay

“...”
In this message to the Ephesians, God commends them for their good works, for their labor, their patience, their intolerance of evil, for perseverance and labor for Christ’s name. He commends the fact that they have not become weary. That is quite a list, a wonderful litany of praise. Not one negative or evil or wrong is given concerning the things this church is doing. We find no sins of commission; however, it seems there is only one thing missing. To us, this lack may not even be discernable as they seem to be doing all the right things. This is a church that has left its first love. And due to that one ingredient being missing, Jesus says unless they repent, He will remove their lampstand from its place. That signifies a condition of being rejected—bottom line, a loss of eternity.

Do we, in our human point of view think this is a little unreasonable, maybe just a little stern, or too demanding? What a wonderful litany is given of this church’s character, and just because of the loss of one thing they are rejected? Well, let’s consider a few things in relation to this.

The following quote was written in 1856, just 14 short years after the disappointment of the expected return of Jesus. This article gives us a glimpse of God’s view of things. “The glory and majesty of God was made to pass before me. Said the angel, ‘He is terrible in His majesty, yet ye realize it not; terrible in His anger, yet ye offend Him daily. Strive to enter in at the straight gate, for wide is the gate and broad is the way that leadeth to destruction, and many there be which go in thereat; because straight is the gate and narrow is the way that leadeth unto life, and few there be that find it’ (Matthew 7:13).” The Review and Herald, January 6, 1863. This is God’s message also in the message to the church of Ephesus.

Let’s think for a moment about who God is. Human words are too feeble, too weak, too inadequate, so we will turn to God’s inspired Word to find descriptions of who God is.

“For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him. He is before all things, and in Him all things hold together” (Colossians 1:16, 17).

“God forbears for a time the full execution of the sentence of death pronounced upon man. Satan flattered himself that he had forever broken the link between Heaven and earth. But in this he was greatly mistaken and disappointed.

Your hand to make great and to strengthen everyone. Now therefore, our God, we thank You, and praise Your glorious name” (1 Chronicles 29:11–13).

“‘There is none like unto Thee, O Jehovah; Thou art great, And Thy name is great in might. Who should not fear Thee, O King of the nations’ (Jeremiah 10:6, 7, A. R. V.)? …

“‘Known unto God are all His works from the beginning of the world.’ “Who hath known the mind of the Lord? or who hath been His counselor? Or who hath first given to Him, and it shall be recompensed unto Him again? For of Him, and through Him, and to Him, are all things: to whom be glory forever’ (Acts 15:18; Romans 11:34–36). …
‘He stretcheth out the north over the empty place, And hangeth the earth upon nothing. He bindeth up the waters in His thick clouds; And the cloud is not rent under them. … He hath compassed the waters with bounds, Until the day and night come to an end’ (Job 26:7–10).

‘The pillars of heaven tremble and are astonished at His rebuke. He stilleth the sea with His power. … By His Spirit the heavens are beauty; His hand hath pierced the gliding serpent. Lo, these are but the outskirts of His ways: And how small a whisper do we hear of Him! But the thunder of His power who can understand’ (Job 26:11-14, A. R. V., margin)?

‘The Lord hath His way in the whirlwind and in the storm, And the clouds are the dust of His feet’ (Nahum 1:3). …

‘Great is Jehovah, and greatly to be praised; And His greatness is unsearchable. One generation shall laud Thy works to another, And shall declare Thy mighty acts. Of the glorious majesty of Thine honor, And of Thy wondrous works, will I meditate. And men shall speak of the might of Thy terrible acts; And I will declare Thy greatness. They shall utter the memory of Thy great goodness, And shall sing of Thy righteousness.’ …

“As we learn more and more of what God is, and of what we ourselves are in His sight, we shall fear and tremble before Him.” Testimonies, vol. 8, 281–283.

We see here a God of limitless power; a God of indescribable glory; God, the Great and Mighty, full of light brighter than the sun, the One who travels “from star to star.” Patriarchs and Prophets, 69. This is the God who is returning to this earth—not this time as “the meek and lowly one” (The Desire of Ages, 20, 112, 295, 422), but rather as “the Son of man sitting on the right hand of power, and coming in the clouds of heaven.”

At this point in time, what would happen to any human being if they were once to catch a glimpse of this God? “The Father’s person I could not behold, for a cloud of glorious light covered Him. I asked Jesus if His Father had a form like Himself. He said He had, but I could not behold it, for said He, ‘If you should once behold the glory of His person, you would cease to exist.’” Early Writings, 54. First Timothy 6:16 KJV tells us, “Who only hath immortality, dwelling in the light which no man can approach unto; whom no man hath seen, nor can see: to whom be honour and power everlasting. Amen.”

God does not want us to be destroyed. He loves us with a love stronger than death. What did He do, for a time that we might not be destroyed by His very presence? “God forbears for a time the full execution of the sentence of death pronounced upon man. Satan flattered himself that he had forever broken the link between Heaven and earth. But in this he was greatly mistaken and disappointed. The Father had given over the world into the hands of His Son for Him to redeem from the curse and the disgrace of Adam’s failure and fall. Through Christ alone can man now find access to God. And through Christ alone will the Lord hold communication with man.” The Review and Herald, February 24, 1874.

In His great mercy, love, and forbearance, the Father separated Himself from us that His majesty, His power, the brightness of His glory would not destroy us fallen, sinful, degraded human beings. Did He then abandon us? No, No. He now holds communion with man through Christ. Our God is so gracious, so merciful, so long-suffering. In mercy He separated Himself from fallen man, communicating His love, His mercy, His compassion, and the great plan for the restoration of fallen man, through Christ, His One and Only Son. He did this that His “light unapproachable” might not consume us! But He will not always maintain that separation.

‘‘Hereafter,’ said Jesus, ’shall ye see the Son of man sitting on the right hand of power, and coming in the clouds of heaven’ (Matthew 26:64). In
these words Christ presented the reverse of the scene then taking place [in the judgment hall of Annas the high priest]. He, the Lord of life and glory, would be seated at God’s right hand.” The Desire of Ages, 707, 708. No, that separation will not be maintained forever.

At that time, not only will the Father return, but Christ will no longer veil the glory of the Father that He also bears. He will come in the full glory of the Father, who dwelt in light unapproachable by humanity, so full of glory that no man could behold his face and live (see 1 Timothy 6:16). We don’t want to be destroyed by His coming. But I wonder sometimes if we really want to be changed to reflect His image, or if by our actions, if not by our words, we rather express the unspoken desire that God Himself change and thereby accept us in our fallen state, or at least in some degree excuse or lesson the obligations just a little.

Let’s think that through for a moment. Do you want this God to change to meet us where we are? Just think what that would mean! Consider the earlier statements about who and what God is! He not only created ALL things, but He upholds ALL things through His power.

We all claim that we want a change from this world of pain, misery, sorrow and death. We all claim to desire heaven. Friends, the only option is for us to change—completely. There is no other option. If we didn’t change—completely, wholly, entirely, we would replicate this earth in heaven! This is why in Revelation 2, a message of rebuke is presented to the church of Ephesus. We must attain to the perfection of God if we want to meet Him at the second coming, if we want to “see His face” (Revelation 22:4) without being destroyed.

And the bottom line in this change, the motive power for this change, and all the things we think, say and do, must be love. Good works, perseverance, labor, intolerance of evil—all these things must be motivated or undergirded, must spring from the great underlying principle of all heaven, the very character of God—love. “God is love” (1 John 4:8). Therefore, no matter what we do, think, say, are, if it is not undergirded by the very essence of God—love, it will not stand in the day of final account, and our lampstand will be removed.

This is the burden of my heart and thought—who God is, who we are, who and what we must become if we are to “see His face” and live.

My friends, let us “reason together” (Isaiah 1:18) as God invited us to do. Let us see the beauty, the wisdom, the love, the yearning, the tenderness, and the absolute justice of His will and way. Let us return unto our Lord with the motive of pure, unadulterated love so that we may “abide the day of His coming” and be able to “stand when He appeareth” (Malachi 3:2 KJV).

All Bible quotes NASB unless otherwise noted. 

Brenda Douay is a staff member at Steps to Life. She may be contacted by email at: brendadouay@stepsto-life.org.
I am the Lord thy God. … Thou shalt have no other gods before Me,” or “beside Me” (Exodus 20:2, 3 Revised Version), is the first of the ten commandments. …
Just as the Decalogue is the summary of the Scriptures, the first commandment is the summary of the whole law. In principle it prohibits all kinds of idolatry and everything in the nature of false worship. Jesus gave a summary of man’s whole duty when He said to the tempter who offered Him the dominion of the world for an act of worship, “Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and Him only shalt thou serve” (Matthew 4:10).

It was idolatry, or false worship, that excluded man from Paradise, and the passport to paradise restored is the worship of and obedience to the only true God. “Blessed are they that do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city” (Revelation 22:14).

Because He is the Creator, the supreme right of the Lord in this world is the recognition of His sovereignty and the reverent obedience of His subjects. The first and greatest of all the obligations of man is to his Creator, in whom “we live, and move, and have our being” (Acts 17:28). In the first commandment, therefore, is the foundation of the whole law, the basis of all the commands that follow.

The Decalogue, like the Lord’s prayer, begins at the place of all beginnings—with God. That is where the Bible begins—“In the beginning God created the heaven and the earth” (Genesis 1:1). The New Testament begins at the same place: “In the beginning was the Word, and the Word was with God, and the Word was God” (John 1:1). The Gospel of John is just as truly the beginning of the New Testament as is the book of Matthew.

EVIDENCE OF DIVINITY

The Lord does not leave us without proof of His divinity and supremacy over all other gods. He issues two challenges to false gods, which they are unable to meet. The first and greatest evidence of Deity is the power to create, and Jehovah challenges all other gods to prove their right to be worshiped by exhibiting the power of creation. (See Psalms 95:3, 5, 6; 96:8–10; 86:8–10; Isaiah 45:18–22; Jeremiah 10:10–15.)

It is because Jehovah is the Creator that the sinless inhabitants of heaven worship Him. In vision the revelator saw these creatures “fall down before Him that sat on the throne, and worship Him that liveth forever and ever, and cast their crowns before the throne, saying, Thou art worthy, O Lord, to receive glory and honour and power: for Thou hast created all things, and for Thy pleasure they are and were created” (Revelation 4:10, 11). There is no other true basis of worship. No created being has a right to worship or receive worship from another creature. Since no creature has creative power, the Creator alone is the true and only God.

The Lord also issues another challenge to false gods as a proof of His divinity and the right to command and receive worship, namely, His ability to see and foretell the future. (See Isaiah 41:21–24; 48:3–6.) Only the members of the Godhead can foresee and forecast future events. All prophecy originates with the Father and is revealed to man by the Son through the agencies of the Holy Spirit, the angels, and the prophets. (See 1 Peter 1:10, 11; 2 Peter 1:19–21; Revelation 1:1.)

The angel Gabriel, the most exalted creature in the heavenly host, refused to receive worship from the prophet John, because he himself was likewise a creature. He told him to “worship God” (Revelation 19:10). Paul and Barnabas indignantly refused worship and divine honors from the people of Lystra because of a miracle they had performed in their midst. “They rent their clothes, and ran in among the people, crying out, And saying, Sirs, why do ye these things? We also are men of like passions with you, and preach unto you that ye should turn from these vanities unto the living God, which made heaven, and earth, and the sea, and all things that are therein” (Acts 14:14, 15). In accepting worship, Satan or any of his followers exalt themselves to the place of God.

POLYTHEISM CONDEMNED

The first command is a condemnation of, and a warning against, polytheism, or the worship of many gods. “There be gods many, and lords many” (1 Corinthians 8:5),
It has been estimated that the Greeks worshiped thirty thousand gods. The Babylonians "praised the gods of gold, and of silver, of brass, of iron, of wood, and of stone" (Daniel 5:4). The gods of the Egyptians were almost innumerable. The Romans had so many gods that in the city of Rome they built a temple called the Pantheon, or the temple of all the gods. They were so numerous that the priests of the temple could not name or enumerate them all. Modern India is said to have more than 330,000,000 gods, and they are almost as numerous in China. The Israelites had just been delivered from a nation where polytheism and pantheism reigned supreme, and from which the Jews were never completely delivered till after their return from Babylonian captivity. The promised land was filled with nations that were polytheistic in their worship, and whose gods became a snare to the children of Israel. Polytheism is the religion of the vast majority of the inhabitants of the modern world, and the first commandment of the Decalogue is just as applicable and up to date as when given thirty-five hundred years ago. The law of God is universal. It belongs to the whole human race in all ages. Even in countries where idols or graven images are no longer worshiped as such, gods in other forms constitute an idolatry no less displeasing to Jehovah.

**Idolatry Defined**

The apostle Paul defines idolatry as the exchanging of "the truth of God for a lie" and the worshiping and serving of "the creature rather than the Creator" (Romans 1:25, R.V.), or "more than the Creator." "They had bartered the reality of God for what is unreal and had offered divine honors and religious service to created things, rather than to the Creator," is the Weymouth translation. In other words idolatry in its broad meaning is false worship of every kind. Any object of adoration and worship that takes the place of God or comes between us and God is an idol.

Creature worship is just as popular and universal now as when paganism reigned supreme. It began at the dawn of human history when man first sinned. Adam set up an idol in his heart when he served and obeyed Satan instead of the Creator by eating of the forbidden fruit. That was the beginning of idolatry and false worship on the earth. Self and Satan took the place of God. Creature worship supplanted Creator worship.

Idolatry in many forms became prevalent among the descendants of Adam and Eve. It was the great sin of the antediluvian world. It was reintroduced after the deluge by the great rebel Nimrod. Babylon became the cradle of the idolatrous and spurious worship that has come down to modern times. The counterfeit religion of Satan is still divinely called "Babylon the Great, the Mother of Harlots and Abominations of the earth" (Revelation 17:5).

**Modern Idolatry**

For the vast majority of earth’s inhabitants there has been no change in the forms of pagan idolatry. The same gods without change even in names are being worshiped in heathen and pagan lands. In countries influenced by the gospel the old gods are still present but in different forms and under new names. The only graven images known to many of us are those seen in museums or exhibited by missionaries returned from heathen lands. There is not the least danger of our worshiping images in these forms of gross idolatry, but the devil is cunning and deceptive. He has hidden the identity of the old gods in new and attractive garments,
and they are worshiped with as much fervor and devotion as were the gods in days of yore.

The instinct to worship was divinely planted in human nature. It is not even necessary to command worship, for all races of mankind, whether their civilization be high or low, have had deities and forms of worship. Voltaire declared that “if there were no God, it would be necessary to invent Him.” And Theodore Parker truthfully said, “Yet, if he would, man cannot live all to this world. If not religious, he will be superstitious. If he worship not the true God, he will have his idols.” Job recognized the universal instinct to worship and the inherent principle of idolatry in fallen man when he said: “If I have made gold my hope, or have said to the fine gold, Thou art my confidence; if I rejoiced because my wealth was great, and because mine hand had gotten much; If I beheld the sun when it shined, or the moon walking in brightness; And my heart hath been secretly enticed, or my mouth hath kissed my hand: This also was an iniquity to be punished by the judge: for I should have denied the God that is above” (Job 31:24–28).

In this text gold and wealth in which men trust is reckoned as idolatry, along with the worship of the heavenly bodies. The god of gold is one of the chief gods of modern idolatry. The ancient name of this god was “mammon,” and Jesus declared, “Ye cannot serve God and mammon” (Matthew 6:24; Luke 16:13). Today the rule of gold is more powerful than the golden rule in the lives of the majority of human beings.

The Lord is “a jealous God” (Exodus 20:5) who refuses to share worship with any other god. The worship of the true God cannot be mixed with the worship of false gods. An ancient proverb declares that “when the half-gods go, the gods arrive.” When we dismiss all the lesser gods, the great God Himself arrives to claim our allegiance and worship. With Him it is all or none. He accepts no halfhearted service. We must seek and serve Him with all the heart. The promise is, “The Lord is with you, while ye be with Him; and if ye seek Him, He will be found of you; but if ye forsake Him, He will forsake you” (2 Chronicles 15:2). We are then told that the Jews “sought Him with their whole desire; and He was found of them: and the Lord gave them rest round about” (verse 15). Jesus laid down the same principle when He said, “He that is not with Me is against Me; and he that gathereth not with Me scattereth abroad” (Matthew 12:30).

**Joseph and Family Reunited**  
**Clues in Genesis**  
**BY ROB HAGAR**

**Across:**

<table>
<thead>
<tr>
<th>Across</th>
<th>Clue</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1</td>
<td>The brother who convinced Jacob to send Benjamin to Egypt</td>
<td>43:8</td>
</tr>
<tr>
<td>B14</td>
<td>Joseph’s steward told the returning brothers to _______ not</td>
<td>43:23</td>
</tr>
<tr>
<td>C18</td>
<td>Jacob sent a little of this with the eleven to Egypt</td>
<td>43:11</td>
</tr>
<tr>
<td>D7</td>
<td>What Joseph did in revealing himself to his brothers (two words)</td>
<td>45:2</td>
</tr>
<tr>
<td>E2</td>
<td>What Judah asked Joseph to not have in explaining about Jacob</td>
<td>44:18</td>
</tr>
<tr>
<td>E16</td>
<td>Joseph proposed how many brothers remain as a hostage</td>
<td>42:19</td>
</tr>
<tr>
<td>E20</td>
<td>Jacob twice sent his sons to Egypt to do this</td>
<td>43:2</td>
</tr>
<tr>
<td>F5</td>
<td>Length of time Joseph accepted livestock for food</td>
<td>47:18</td>
</tr>
<tr>
<td>G15</td>
<td>Particular animals the Egyptians traded for food</td>
<td>47:17</td>
</tr>
<tr>
<td>H2</td>
<td>At the table how much more food did Benjamin get? (two words)</td>
<td>43:34</td>
</tr>
<tr>
<td>H20</td>
<td>Number of Jacob’s sons who went to Egypt the first time</td>
<td>42:3</td>
</tr>
<tr>
<td>I10</td>
<td>Joseph told this man to put his silver cup in Benjamin’s sack</td>
<td>44:1</td>
</tr>
<tr>
<td>J8</td>
<td>Once settled in Goshen the Israelites multiplied and _______</td>
<td>47:27</td>
</tr>
<tr>
<td>J15</td>
<td>The brothers rashly offered the cup possessor to do this</td>
<td>44:9</td>
</tr>
<tr>
<td>K2</td>
<td>Judah to Jacob: Joseph asked if our father was this</td>
<td>43:7</td>
</tr>
<tr>
<td>K10</td>
<td>Joseph to returning brothers: What _______ is this that ye have done?</td>
<td>44:15</td>
</tr>
<tr>
<td>L14</td>
<td>How the eleven brothers took sacks down for inspection</td>
<td>44:11</td>
</tr>
<tr>
<td>M1</td>
<td>What Jacob wanted from Egypt</td>
<td>42:1</td>
</tr>
<tr>
<td>M10</td>
<td>The eleven were accused of rewarding good with this</td>
<td>44:4</td>
</tr>
<tr>
<td>N4</td>
<td>Judah told Joseph he was this for Benjamin to his father</td>
<td>44:32</td>
</tr>
<tr>
<td>N17</td>
<td>Joseph wanted his father to not do this to visit him in Egypt</td>
<td>45:9</td>
</tr>
<tr>
<td>O12</td>
<td>The eleven were given this in Joseph’s house to clean themselves</td>
<td>43:24</td>
</tr>
<tr>
<td>P4</td>
<td>The brothers insisted they were not spies but _______ men</td>
<td>42:11</td>
</tr>
<tr>
<td>Q8</td>
<td>Being a shepherd is this unto the Egyptians</td>
<td>46:34</td>
</tr>
<tr>
<td>R1</td>
<td>Jacob wanted his sons to return to Egypt with _______ money</td>
<td>43:12</td>
</tr>
<tr>
<td>R20</td>
<td>Joseph told his brothers that he feared _______</td>
<td>42:18</td>
</tr>
<tr>
<td>S6</td>
<td>What Joseph did to all his relatives in Goshen</td>
<td>47:12</td>
</tr>
<tr>
<td>S16</td>
<td>Joseph’s steward told the eleven brothers to have this</td>
<td>43:23</td>
</tr>
</tbody>
</table>

**Down:**

<table>
<thead>
<tr>
<th>Down</th>
<th>Clue</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>A10</td>
<td>What the brothers did to their clothes when silver cup found</td>
<td>44:13</td>
</tr>
<tr>
<td>A16</td>
<td>Pharaoh receiving 20% of all increase became this</td>
<td>47:26</td>
</tr>
<tr>
<td>B3</td>
<td>In Joseph’s house the twelve brothers did this together</td>
<td>43:34</td>
</tr>
<tr>
<td>B5</td>
<td>Jacob sent a little of this as a gift to Egypt</td>
<td>43:11</td>
</tr>
<tr>
<td>B8</td>
<td>Joseph did this to Jacob concerning his burial</td>
<td>47:29–31</td>
</tr>
<tr>
<td>B12</td>
<td>Pharaoh wanted Hebrews to be this over his cattle (singular)</td>
<td>47:6</td>
</tr>
<tr>
<td>B14</td>
<td>How many parts of increase could the people keep</td>
<td>47:24</td>
</tr>
<tr>
<td>C18</td>
<td>What Jacob did to Pharaoh upon seeing him</td>
<td>47:7</td>
</tr>
<tr>
<td>E6</td>
<td>What the brothers found had happened to their money</td>
<td>42:28</td>
</tr>
<tr>
<td>E20</td>
<td>Pharaoh wanted Joseph’s extended family to have the _______ of Egypt</td>
<td>47:6</td>
</tr>
<tr>
<td>F10</td>
<td>What Joseph did to all his brothers after being revealed</td>
<td>45:15</td>
</tr>
</tbody>
</table>
Answer key on page 26.

F15  Joseph returned to his brothers which day after imprisonment  42:17, 18
G13  The eleven brothers did this to Joseph in giving presents  43:26
H4   God spoke to Jacob through these  46:2
I11  The ten brothers admitted to being part of ______ sons  42:13
I16  The eleven brothers were invited to do this with Joseph at noon  43:16
J2   Joseph’s steward overtook the eleven before they were ______ (two words)  44:4
J8   Ten brothers admitted they were this regarding boy Joseph  42:21
J20  Jacob told Pharaoh his life was this  47:9
L15  After the famine only the lands of these did Pharaoh not own  47:22
L18  Jacob long thought Benjamin’s brother was this  42:38
N6   He reminded his brothers he had not wanted to harm Joseph  42:22
O10  Number of sons Reuben offered if he did not bring Benjamin back  42:37
O12  The full ______ of their money was found in their sacks  43:21
P17  What had been restored to the ten brothers  42:28
Q3   Jacob sent some of these as a gift to Egypt  43:11
Q9   Jacob did not want Joseph to do this to him in Egypt  47:29
Carl was trying hard not to cry. After all, he was almost nine years old, and he knew nine-year-old boys didn’t cry. But he felt like crying. He buried his face in Grover’s soft brown fur and felt better. Grover was his very best friend. Grover didn’t care that Carl couldn’t run and play like the other boys and girls at school. When Carl went tap, tap, tapping down the street with his crutches, Grover didn’t seem to mind at all. He would follow close behind or sometimes he would run ahead as fast as his four feet would carry him—and then come racing back to Carl.

And now Carl didn’t know what he was going to do, because Grover had to have a license, and the license cost $12.50 and Carl didn’t have $12.50. Carl didn’t have even fifty cents.

The animal control officer had told Carl that a new rule passed by the city council required all dogs to be registered and have a license. The license would be a small metal tag that would be fastened to a collar around the dog’s neck. If Grover didn’t have a license by next week, the man told Carl, he would have to take the dog to the animal shelter. No wonder Carl felt like crying! How could he possibly buy a license by next week? Carl was going to lose his best friend because he didn’t have the money to keep his faithful companion!

Just then Carl remembered something he had heard his pastor say in church. The pastor had said that Jesus always hears our prayers. He had said
that if boys and girls will pray to Jesus, He will hear and answer their prayers.

“Thatis what I’ll do,” Carl said out loud. “I’ll pray and ask Jesus to let me keep Grover.”

After he had whispered a prayer, Carl felt better. He looked up and saw Tommy coming down the street. Now Grover was Carl’s very best friend, but Tommy was his very best human friend. Carl felt so much better after his short prayer to Jesus that he even smiled when he saw Tommy coming toward him—especially when he saw the big grin on Tommy’s face. It was clear that Tommy was a very, very happy boy.

“Why are you so happy?” Carl asked. “I’m on my way to Mason’s Hardware Store,” Tommy told him. “I’m going to look at the new bicycle in the window one more time. It’s really a great bike. I’ve been saving and saving my money to buy it. I almost have enough. I think I’ll have enough money next week to buy it!”

Carl was happy for his friend. He couldn’t ride a bicycle himself, of course, since he had to walk with crutches. But he could imagine how much fun it would be.

Tommy sat down on the grass beside Carl and began to rub Grover’s head. Grover rolled over and wagged his tail. Carl told Tommy about Grover needing a license and how he had prayed to Jesus to help him. “Jesus is going to let me keep Grover,” he said. “I know He is.”

A few minutes later, Tommy got up and was on his way to the hardware store. But as he walked down the street, he kept thinking about Grover and Carl. He sure doesn’t have much to make him happy, Tommy thought to himself. It would break his heart to have to give up Grover.

Just then he arrived at the window where the precious bicycle stood. It was great just to look at it and think about flying down the street holding on to the handlebars! But then, a picture of Grover and Carl filled Tommy’s mind. He sighed, Someone has to buy that license, he thought to himself. Besides, it would be fun to help Jesus answer Carl’s prayer. He stood in front of the window thinking very hard. At last Tommy made a decision. The bicycle will just have to wait a little longer, he thought.

Running back to where he had left Carl a few minutes before, Tommy asked, “Carl, could Grover stay at my house just for tonight? Can I borrow him? I don’t have a dog, and it would be fun to keep Grover for a little while.”

Carl tightened his arms around his faithful friend. He wasn’t sure he wanted Grover staying overnight at Tommy’s house. “Won’t your mother mind?” he asked.

“She won’t mind,” Tommy assured him.

“Do you promise to take good care of him?” Carl asked. “You won’t forget to feed him or make sure he has lots of water to drink?”


The next morning Carl sat on the top step of his back porch watching the neighborhood children play. He missed Grover, and he hoped Tommy would bring him back soon. He knew Jesus was going to answer his prayer. He had faith.

Then all at once Grover came bounding around the corner of the house. With a hop and jump, the excited dog was in his master’s arms. “Grover!” Carl exclaimed as his friend licked his face and wriggled happily. Then, as Carl was rubbing Grover’s fur, he felt something around the dog’s neck. It was a brand new collar! Carl looked at it carefully. Attached to the collar was a small metal disk—the license that the city required!

Carl let out a happy shout! Jesus had answered his prayer! “Thank You, Jesus,” he prayed.

Beside him, turned upside down, was the jar he had been keeping his money in for weeks as he saved for the shiny bicycle in the window of Mason’s store. I’ll just have to keep saving a bit longer, Tommy thought to himself as he finished counting the coins. But I’m glad I helped Jesus answer Carl’s prayer. It was fun buying Grover’s license and collar—almost as much fun as it will be to ride my new bicycle.

And he poured all the quarters and nickels and dimes back into his jar and put it in the far corner of his closet.


It truly is more blessed to give than to receive. LM
This Is Your Brain On Cellphones

According to Heather Wilhelm, NationalReview.com, our addiction to our smartphones is “damaging American mental health.” Today’s phones are so powerful, fast, and filled with dazzling images and alluring tidbits of information from social media and the internet that they are virtually impossible to resist. She said, “Who among us hasn’t looked up at least once, smartphone in hand, slightly dazed, only to discover that precious bundles of minutes or hours have somehow slithered by, lost to all eternity usually in exchange for no discernible enlightenment at all?”

The average smartphone user checks in about 80 times a day; click on one Facebook or Instagram feed or web link, and down you go into the digital rabbit hole. Americans now “eat, sleep, and breathe media,” consuming some form of it 12 hours a day. Not surprisingly, scientific research has linked smartphone use to decreased concentration, lower problem-solving skills, and depression. For youngsters, smartphone addiction is truly disastrous, with the incidence of depressive episodes souring to 60 percent. Why give kids under 12 what for them is “a very expensive portable internet porn finder/social-media stalking system/mean girls text center”? Adults should limit their kids’ smartphone minutes—and their own. Our collective mental health may depend on it.

The Week, October 27, 2017
Heavenly Father, thank You for Your Word which puts prayers into our hearts that may ascend heavenward to Thy glory. Thank You for Your Word which satisfies our need and personal yearnings for a closer relationship with You. Bless us now as we personalize and put into our hearts Thy Word and then with heart yearning, send that personalized Word up to You. Amen.

Heart Longing
By Judy Hallingstad

There are times that many have a heart-longing that just does not seem to be satisfied by home, family or friends. It is a longing, a desire, for spiritual fulfillment which only God can supply. At the moment of this longing there are no words to express it to our heavenly Father.

One day as this longing came upon me, I happened to be reading in the book of Colossians and the Lord opened to my eyes, and to my heart, a perfect prayer to put into words to express this longing. Please look at the scripture found in Colossians 1:9–11 (KJV).

"… and to desire that ye might be filled with the knowledge of His will in all wisdom and spiritual understanding; That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God; Strengthened with all might, according to His glorious power, unto all patience and longsuffering with joyfulness."

"How complete this prayer is! There is no limit to the blessings that it is our privilege to receive. We may be ‘filled with the knowledge of His will.’ The Holy Ghost would never have inspired Paul to offer this prayer in behalf of his brethren, if it had not been possible for them to receive an answer from God in accordance with the request. Since this is so, we know that God’s will is manifested to His people as they need a clearer understanding of His will.” Ellen G. White Comments, The Seventh-day Adventist Bible Commentary, vol. 7, 906.

There is no limit to the blessings you and I may receive when we pray that prayer. Paul was praying for his brethren that most beautiful prayer and I realized that this prayer spoke of the longing of my heart also. Needless to say, I transformed that prayer into my personal prayer and I have been much blessed. I share my personalized version with you, as follows, so you may be blessed as much as I have been blessed.

"God of heaven and earth: I desire to be filled with the knowledge of Thy will in all wisdom and spiritual understanding, that I may walk worthy of Thee unto all pleasing, being fruitful in every good work and increasing in a knowledge of Thee; that I may be strengthened with all might according to Thy glorious power, unto all patience and longsuffering with joyfulness.”

Pray this with all of your heart and God will satisfy your longing.
The Crisis Imminent

By Ellen G. White

I am deeply exercised in mind in reference to the low standard of piety among our people. And when I think of the woes passed on Capernaum, I think of how much heavier will come the condemnation upon those who know the truth and have not walked according to the truth, but in the sparks of their own kindling. In the night seasons I am addressing the people in a very solemn manner, beseeching them to ask their own consciences, What am I? Am I a Christian, or am I not? Is my heart renewed? Has the transforming grace of God moulded my character? Are my sins repented of? Are they confessed? Are they forgiven? Am I one with Christ as He is one with the Father? Do I hate what I once loved? Do I now love what I once hated? Do I count all things but loss for the excellency of the knowledge of Christ Jesus? Do I feel I am the purchased possession of Jesus Christ, and that every hour I must consecrate myself to His service?

We are standing upon the threshold of great and solemn events. The whole earth is to be lightened with the glory of the Lord as the waters cover the channels of the great deep. Prophecies are being fulfilled and stormy times are before us. Old controversies which have apparently been hushed for a long time will be revived, and new controversies will spring up; new and old will commingle, and this will take place right early. The angels are holding the four winds, that they will not blow, until the specified work of warning is given to the world; but the storm is gathering, the clouds are loading, ready to burst upon the world, and to many it will be as a thief in the night.

Many smiled and would not believe when we told them, twenty
and thirty years ago, that the Sunday Law would be urged upon all the world, and a law be made to compel its observance, and force conscience. We see it being fulfilled. All that God has said of the future will surely come to pass; not one thing will fail of all that He has spoken. Protestantism is now reaching hands across the gulf to clasp hands with the papacy, and a confederacy is being formed to trample out of sight the Sabbath of the fourth commandment and the man of sin, who, at the instigation of Satan, instituted the spurious Sabbath, this child of papacy, will be exalted to take the place of God.

All heaven is represented to me as watching the unfolding of events. A crisis is to be revealed in the great and prolonged controversy in the government of God on earth. Something great and decisive is to take place, and that right early. If any delay, the character of God and His throne will be compromised. The armory of heaven is open; all the universe of God and its equipments are ready. One word has justice to speak, and there will be terrific representations upon the earth, of the wrath of God. There will be voices and thuderings and lightnings and earthquakes and universal desolation. Every movement in the universe of heaven is to prepare the world for the great crisis.

Intensity is taking possession of every earthly element; and as a people who have had great light and wonderful knowledge, many of them are represented by the five sleeping virgins with their lamps, but no oil in their vessels; cold, senseless, with a feeble, waning piety. While a new life is being diffused and is springing up from beneath and taking fast hold of all Satan’s agencies, preparatory to the last great conflict and struggle, a new light and life and power is descending from on high, and taking possession of God’s people who are not dead, as many now are, in trespasses and sins. The people who will now see what is soon to come upon us by what is being transacted before us, will no longer trust in human inventions, and will feel that the Holy Spirit must be recognized, received, presented before the people, that they may contend for the glory of God, and work everywhere in the byways and highways of life, for the saving of the souls of their fellow-men. The only rock that is sure and steadfast is the Rock of Ages. Those only who build on this Rock are secure.

This blessed hope of the second appearing of Christ needs to be presented often to the people, with its solemn realities; looking for the soon appearing of our Lord Jesus to come in His glory, will lead to the regarding of earthly things as emptiness and nothingness. All worldly honor or distinction is of no value, for the true believer lives above the world; his steps are advancing heavenward. He is a pilgrim and stranger. His citizenship is above. He is gathering the sunbeams of the righteousness of Christ into his soul, that he may be a burning and shining light in the moral dark-
If You Are…

If you are impatient, sit down quietly and have a talk with Job.
If you are just a little strong-headed, go to see Moses.
If you are getting weak-kneed, take a look at Elijah.
If there is no song in your heart, listen to David.
If you are getting sordid, spend a while with Isaiah.
If you feel chilly, get the beloved disciple to put his arms around you.
If your faith is below par, read Paul.
If you are getting lazy, watch James.
If you are losing sight of the future, climb up the Revelation and get a glimpse of the Promised Land.

The Signs of the Times, May 29, 1893

February 2018

Dear friend,

Many years ago, in the middle of an election day when Winston Churchill was losing the election, his wife said to him that maybe it was a blessing in disguise. He replied, “Right now, it appears to be very well disguised.”

If we pray and are enlightened by the Holy Spirit, we will see many opportunities for witnessing that perhaps we have seen in the past as only calamities. Following is an example of a blessing in disguise: “While in Portland, in company with Sr. McOmber, I (Ellen G. White) visited localities of special interest in connection with my early life, among them the spot where I met with the accident that has made me a life-long invalid. This misfortune, which for a time seemed so bitter and was so hard to bear, has proved to be a blessing in disguise. The cruel blow which blighted the joys of earth, was the means of turning my eyes to heaven. I might never have known Jesus, had not the sorrow that clouded my early years led me to seek comfort in Him.” The Review and Herald, November 25, 1884.

Are you acquainted with anybody who has had some really bad news lately—the diagnosis of a serious and maybe untreatable disease, a bankruptcy, the loss of a job, a divorce, a death in the family? Jesus used these occasions as an opportunity for witnessing. (See for example Luke 13.) “He who came from heaven to be our example spent nearly thirty years of His life in common, mechanical labor; but during this time He was studying the word and the works of God, and helping, teaching, all whom His influence could reach. When His public ministry began, He went about healing the sick, comforting the sorrowful, and preaching the gospel to the poor. This is the work of all His followers.” Education, 267, 268.

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“Day by day He might have been seen entering the humble abodes of want and sorrow, speaking hope to the downcast and peace to the distressed. Gracious, tender-hearted, pitiful, He went about lifting up the bowed-down and comforting the sorrowful. Wherever He went, He carried blessing.” Gospel Workers, 45.

“While we offer prayer for these sorrowful ones, we should encourage them to try to help those more needy than themselves. The darkness will be dispelled from their own hearts as they try to help others. As we seek to comfort others with the comfort wherewith we are comforted, the blessing comes back to us.” The Ministry of Healing, 256.

John J Grosboll
Just outside one’s own back door lies the hidden lives of a menagerie of crawling, squirming, flying, reproducing creatures. Stop and see what is taking place under leaves and in the grass. A close look will lead into a wonderland in which flower beds and grassplots become forests and jungles inhabited by creatures as strange and unique as found anywhere on earth.

From the tip of a rose shoot, a frosty-gray robber fly, designed like a pursuit plane, darts aloft, snatches a gnat from the air and returns to its perch. It has seen its tiny victim through bulging compound eyes that contain as many lenses as the eyes of several hundred human beings.

Looking closer is espied a dew-spangled iris leaf from which a score of small, oval objects stick up, perched like lollipops at the tops of threadlike stalks. These are the eggs of a gauzy-winged, golden-eyed lacewing fly. All over the country such eggs are laid wherever plant lice are found. From them hatch aphis lions—immature lacewings resembling minute lizards—that spend their days consuming immense numbers of plant lice. So ravenous are these six-legged lions that the first to hatch would devour all its brothers and sisters if the eggs were not on stalks to keep them out of reach. …

Clustered along a rose shoot are a hundred or more plant lice, rotund little creatures placidly sucking sap through hollow, needle-sharp beaks. So thick are they that they stand shoulder to shoulder like a flock of feeding sheep. Among the aphids half a dozen carpenter ants are stretching out their antennae, gently stroking the backs of the smaller insects. This “milking” induces the aphids to give off droplets of a sweet fluid which the ants eat. Moreover, the ants guard the plant lice from insect enemies, even taking aphids into their nests in autumn, keeping them safe during the winter, and placing them “out to pasture” when spring arrives. …

Scattered among the plants are found shining spots of snow white foam. Each snow speck, about the size of a pea, is the foam-castle of a baby froghopper. Sucking sap from plant stems, the tiny, 1/8-inch-long froghopper produces the froth, blowing up each bubble with a unique bellows formed of overlapping plates beneath its body. Hidden within the foamy covering, the froghopper is invisible to its enemies and is protected from drying out in the heat of the sun. It lives within its bubble walls until it reaches maturity, develops wings and flies away. …

Among the bushes is spotted a beautiful and ghostly creature—the snowy tree cricket. Its mellow, rhythmical song fills the late summer nights. As you listen to its pulsing rhythm, take out your watch. Count the number of calls in one minute. Divide that number by four and add 40. Then look at the thermometer. That number you have obtained and the temperature will almost always be the same.

Excerpts from Our Amazing World of Nature, Its Marvels and Mysteries, Reader’s Digest, 300–303. “God’s eye is upon the smallest of His creatures. … The wisest of men may learn useful lessons from the ways and habits of the little creatures of the earth.” Testimonies, vol. 4, 455, 456.
The son of God and the son of man met in the person of Jesus. By His life and death He made a way possible for the fallen race to be saved defeating Satan in the flesh. All who have faith in Him are the seed of Abraham and heirs of the promise.

February Sermon of the Month

The Nature of Christ

By Marshall Grosboll

The son of God and the son of man met in the person of Jesus. By His life and death He made a way possible for the fallen race to be saved defeating Satan in the flesh. All who have faith in Him are the seed of Abraham and heirs of the promise.
For a number of years, Steps to Life has sponsored an active gospel work in Nigeria. Recently, the workers supported through your donations conducted a successful prophecy seminar and health outreach effort. The following account is taken from their report of that effort. Last year, Steps to Life appealed for funds to ship a pallet of literature and other materials to Nigeria. Their outreach efforts are made possible by the supplies that your donations enabled us to ship to them.
From the 30th of October to the 8th day of November, we conducted an outreach effort at Gbem that consisted of an afternoon health presentation, followed by a prophecy seminar in the evening. Gbem is about 190 km from Makurdi, the capital city of Benue State, in central Nigeria.

Every morning by 10:00 a.m., all the regular workers as well as workers in training went from house to house in groups of two, distributing literature and extending invitations to people for the health services that were offered between the hours of 2:00 p.m. and 4:00 p.m., before the actual evening prophecy seminar presentations, which began at the market square by 6:00 p.m. and continued till 10:00 p.m.

The evening program was always kicked off with a health presentation and followed by prophecy presentations. Many truths of the three angels’ messages were presented. Attendance ranged from between 100 to 120 persons each evening.

There was no open opposition from religious leaders, but a few persons who were unsettled with such presentations about the mark of the beast and similar hard truths made some objections, but were promptly brought under control by others who desired to listen to the wonderful truths they were hearing for the first time. Questions were asked on why these truths have been hidden for so long until now, and how to individually make the way forward once these truths were known.

At the close of the program on the last day, gift items were presented to those who attended without missing any sessions. Bibles and Spirit of Prophecy books were given out.

A call to stand for the truth was made and almost everyone stood up for further studies, with over 12 persons indicating a desire to begin Sabbath worship immediately. Some actually attended worship with us, despite the fact that it was a local market day and people normally don’t take their periodic markets lightly. Copies of LandMarks magazine were used for our Sabbath school study.

We secured the acceptance of a local school head teacher who allowed us the use of the classroom for that Sabbath worship. Thankfully one elderly person who accepted to begin Sabbath worship with his family has promised to make available a facility for future use for worship services. Praise our heavenly Father. Let us commit them to the Lord in prayer. We praise the Lord that souls were touched with a desire to know and follow the truth.

We have a planned literature distribution at another town 30 km from Makurdi on the 16th of November, 2017, and another seminar conducted in another town, old Abinsi, about 26 km from Makurdi, from the 26th of November to the 24th of December 2017.

Thank you for your continual prayers.
**Question**

How do you perfect holiness?

**Answer**

“Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God” (2 Corinthians 7:1).

“The formation of a right character is the work of a lifetime, and is the outgrowth of prayerful meditation united with a grand purpose. The excellence of character that you possess must be the result of your own effort. Friends may encourage you, but they cannot do the work for you. Wishing, sighing, dreaming, will never make you great or good. You must climb.

“The conversation we have by the fireside, the books we read, the business we transact, are all agents in forming our characters, and day by day decide our eternal destiny.

“Mental ability and genius are not character, for these are often possessed by those who have the very opposite of a good character. Reputation is not character. True character is a quality of the soul, revealing itself in the conduct.

“A character formed according to the divine likeness is the only treasure that we can take from this world to the next. Those who are under the instruction of Christ in this world will take every divine attainment with them to the heavenly mansions. And in heaven we are continually to improve.

“A good character is a capital of more value than gold or silver. It is unaffected by panics or failures, and in that day when earthly possessions shall be swept away, it will bring rich returns. Integrity*, firmness, and perseverance are qualities that all should seek earnestly to cultivate; for they clothe the possessor with a power which is irresistible—a power which makes him strong to do good, strong to resist evil, strong to bear adversity.” *My Life Today*, 267.

*Integrity = uncompromising adherence to moral and ethical principles; moral soundness or purity; incorruptness; uprightness; honesty. Integrity comprehends the whole moral character.

The formation of a right character is the work of a lifetime.
Very few people know what the word rest means. Webster’s Dictionary describes it this way:
1) the quiet or repose of sleep;
2) ease or inactivity after the exertion of labor;
3) relief or freedom especially from trouble;
4) cessation or absence from motion.

Are you familiar with any of these descriptions? Vicki Griffin, PhD, makes the following comments on rest:

Sleepier Than Ever! Americans are suffering from daytime sleepiness so pervasive that it interferes with their daily activities, according to the experts at the National Sleep Foundation. According to their surveys, 40% of adults say that they are so sleepy during the day that it interferes with their daily activities.
**Sleep Time – Valued Time!**

Many people not only go to bed late, they also get up early, catching naps in order to “keep going.” But according to some researchers, fragmented sleep may be worse than a bout of no sleep at all, in terms of the effect on motor skills, mood, and cognitive ability.

**Remember the Fabulous Four?**

Don’t cheat yourself out of sleep. There are four essentials to establishing good sleep habits.

**Quantity.** The average person needs eight to nine hours of sleep daily. This is essential for proper immune function, tissue repair, and nervous system and hormone balance. Children and teenagers need more.

**Regularity.** Having a set bedtime and rising, as well as set times for eating, exercise, study and work, help your body to establish regular biorhythms, which reduces cancer risk and normalizes hormone metabolism.

**Timing.** As mentioned before, an early-to-bed pattern of sleeping enhances learning, mood, overall health, and childhood development.

Research suggests that the majority of memory storage takes place in the brain when sleep is deep and uninterrupted. In a study published in Science, researchers reported that deep sleep is critically important to the learning process, and that people tend to absorb knowledge about new skills while sleeping.

In the words of the researchers, “We and others have found that an improvement in perceptual performance occurs neither during or immediately after practice of a procedure, but rather eight to 10 hours after a training session has ended.”

**Quality.** Ever sleep a long time and wake up tired? There are a number of factors that can interfere with quality sleep. Eating late, sugary foods, lack of regular exercise, smoking, and the use of caffeinated beverages or drugs can seriously impair the quality of sleep. Certain prescription drugs, including sleeping pills and anti-depressants, can cause sleep problems.

Stress, television, harsh music and bright lights at night can also reset the body’s inner clock to late-night wakefulness and diminish quality sleep. Anger and guilt can destroy peaceful sleep.

Someone once said, “A clear conscience makes a soft pillow.” Hanging onto grudges and anger robs us of inner peace that is essential to sound sleep. Perhaps that is why the Bible tells us not to let the sun go down on our wrath, but as far as possible “be at peace among yourselves” (1 Thessalonians 5:13).

**Sleep: It Should Be a Top Priority!**

Your Creator and Savior understands your need to sleep, and He will help you plan it into your lifestyle. Indeed, we now know from science that if you do not make proper sleep a top priority, you will pay a price!

In this troubled and perplexing world, our Savior is interested in our sleep habits: “It is vain for you to sit up late, … He giveth His beloved sleep” (Psalm 127:2).

It was Jesus who, pressed with cares and an urgent mission, told His weary disciples, “Come ye yourselves apart … and rest awhile” (Mark 6:31). …


Rest is really a gift from God. Don’t lose out! Enjoy!
For three and a half years while the disciples were with Jesus, watching Him lovingly minister day after day to the multitudes, they failed to learn to get along with each other. In fact, the night Jesus was betrayed, the Bible says, “Now there was also a dispute among them, as to which of them should be considered the greatest. And He said to them, ‘The kings of the Gentiles exercise lordship over them, and those who exercise authority over them are called “benefactors.” But not so among you; on the contrary, he who is greatest among you, let him be as the younger, and he who governs as he who serves. For who is greater, he who sits at the table, or he who serves? Is it not he who sits at the table? Yet I am among you as the One who serves’ ” (Luke 22:24–27).
O, friend, herein is the secret to how you can resolve differences. Jesus promised them that after He ascended to heaven He would give to them a special gift that would guide them into all truth and solve all the problems that they had had for over three years—getting along. In Luke 24:49, it says, “Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high.”

Acts 1:8 says, “But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea, and Samaria, and to the end of the earth.” So, when the Holy Spirit came upon them, what happened? “When the Day of Pentecost had fully come, they were all with one accord in one place” (Acts 2:1). Jesus also promised in John 16 that the Holy Spirit would guide them into all truth, and when people are all guided into all truth, they have the unity of the faith. Paul says in Ephesians 4:1-3, “I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace.”

Unity and harmony takes work. Jesus told His followers that they must learn how to endure, to bear with one another, because they had differences of thought.

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to them that ask Him, than earthly parents are to give gifts to their children.” *Reflecting Christ*, 304.

Notice how it is described in Ephesians 4:11–15, (literal translation): “He Himself gave some [gifts] to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints, for the work of the ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; that we should no longer be chil-

Unity and harmony takes work. Jesus told His followers that they must learn how to endure, to bear with one another, because they had differences of thought.

it, they will be in harmony with each other. The reason there is not harmony in Christianity today is because Christians are not fully in harmony with God’s word.

Jesus said, “But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth” (Acts 1:8).

Peter was appointed to take the gospel to the Jews, along with James and John, but Paul was especially appointed to take the gospel to the nations. It is never convenient to be

dren, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness by which they lie in wait to deceive, but, speaking the truth in love, may grow up in all things into Him who is the head—Christ.”

Notice, it is God’s plan for His believers to grow up to the measure of the stature of the fullness of Christ, to come into the unity of the faith. And this can only be done as the Holy Spirit guides people back to Bible truth. Jesus said in His last prayer with His disciples before Gethsemane, “Sanctify them … ,” that is, My followers, “… sanctify them by Your truth. Your word is truth” (John 17:17). The truth is God’s word, and when people come into harmony with a missionary, for it involves hardship. It also involves an expenditure of money, time, and resources. However, this has been the mission since then for those God has appointed as missionaries to those who do not know the gospel. Paul and Barnabas went out and began to preach the gospel in various places. One of the first places they preached after leaving Antioch was in Cyprus. It says of them, “Being sent out by the Holy Spirit” (Acts 13:4, *first part*).

Notice, when a person is filled with the Holy Spirit, the Spirit is going to send that person out as a witness for Christ. It was the Holy Spirit that sent out Barnabas and Saul. “They went down to Seleucia, and from there they sailed to Cyprus.
… they preached the word of God in the synagogues of the Jews. They also had John as their assistant.

“Now when they had gone through the island to Paphos, they found a certain sorcerer, a false prophet, a Jew whose name was Bar-Jesus, who was with the proconsul, Sergius Paulus, an intelligent man. This man called for Barnabas and Saul and sought to hear the word of God. But Elymas the sorcerer (for so his name is translated) withstood them, seeking to turn the proconsul away from the faith” (Acts 13:4, last part–8).

The devil has always had agents of various kinds to try to keep people, especially those having education, influence or leadership ability, from accepting the gospel. This has been the case for thousands of years. This sorcerer had closed his eyes to the truth of the Bible that had been available to him. This is a dangerous thing to do, for God may do something to get you to see the error of your ways. In doing such, a judgment came upon this man.

Acts 13:9–12 says, “Then Saul, who also is called Paul, filled with the Holy Spirit, looked intently at him and said, ‘O full of all deceit and all fraud, you son of the devil, you enemy of all righteousness, will you not cease perverting the straight ways of the Lord? And now, indeed, the hand of the Lord is upon you, and you shall be blind, not seeing the sun for a time.’ And immediately a dark mist fell on him, and he went around seeking someone to lead him by the hand. Then the proconsul believed, when he saw what had been done, being astonished at the teaching of the Lord.”

The sorcerer was leading people away from the truth that the apostles were presenting. So they had to stand their ground and oppose him, not because they did not like him, but because he was leading other people to reject the gospel. That is more serious than most people realize. Peter said, “Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved” (Acts 4:12).

It is a false idea that there are many ways of salvation. There is no other way. Only through the gospel of Jesus Christ can you be saved. Everything else leads to death and loss of eternal life, what the Bible describes as the second death (Revelation 20:14). In this world, we know something about death because it is all around us. We see death, we go to funerals, we have cemeteries, and we are very conscious of the frailty of life. However, for the saved, the death that is experienced in this world is only temporary.

In Acts 24:15, speaking to Felix, the governor, Paul said, “I have hope in God, which they themselves also accept, that there will be a resurrection of the dead, both of the just and the unjust.” He acknowledged that both he and Paul believed the same thing, that there is going to be a resurrection of the dead, both of the just and of the unjust. So, death in this world is temporary. But the big question is, after a person dies, in which resurrection will they participate? Will it be the resurrection of the just, or will they participate in the resurrection of the unjust? Everybody will be raised, but not all will be raised in the same resurrection. Some will be raised in the resurrection of the just and others in the resurrection of the unjust.

In Daniel 12:2, it says, “Many of those who sleep in the dust of the earth shall awake, some to everlasting life, some to shame and everlasting contempt.” So, it is very serious to lead somebody to reject the gospel and teach them to distrust the Bible and the word of the prophets and the apostles, because if you do not believe, you cannot receive salvation. Jesus said, “He that believes on Me has everlasting life” (John 6:47, literal translation).

However, if you don’t believe, He said to the Jews, “You are not willing to come to Me that you may have life” (John 5:40). On another occasion Jesus said to the Jews, “ ‘I am going away, and you will seek Me, and will die in your sin. Where I go you cannot come.’ So the Jews said, ‘Will He kill Himself, because He says, “Where I go you cannot come?”’ And He said to them, ‘You are from beneath; I am from above. You are of this world; I am not of this world. Therefore I said to you that you will die in your sins; for if you do not believe I am He, you will die in your sins’ ” (John 8:21–24).

The reason there is not harmony in Christianity today is because Christians are not fully in harmony with God’s word.
silence and darkness—a sleep. At the resurrection he will be raised; he will awake to everlasting life.

However, if you die in your sins because you do not believe, you have no hope. You will then be part of the resurrection of the unjust. For this reason, it is unwise to reject the gospel, and even more serious to lead somebody else to reject the gospel, because in doing that you rob them of their hope of an eternal inheritance.

In Acts 13:14, 15, we read that when Paul and Barnabas left that area “…they came to Antioch and Pisidia, and went into the synagogue on the Sabbath day and sat down. And after the reading of the Law and the Prophets, the rulers of the synagogue sent to them, saying, ‘Men and brethren, if you have any word of exhortation for the people, say on.’ ”

They asked Paul and Barnabas if they had any exhortation to give to the people. Paul (Saul) replied that indeed he did and related the experience of the Israelites on their pilgrim journey from Egypt to the Promised Land as recorded in Exodus, Numbers and Deuteronomy. “Paul stood up, and motioning with his hand said, ‘Men of Israel, and you who fear God, listen: The God of this people Israel chose our fathers, and exalted the people when they dwelt as strangers in the land of Egypt, and with an uplifted arm He brought them out of it. Now for a time of about forty years He put up with their ways in the wilderness. And when He had destroyed seven nations in the land of Canaan, He distributed their land to them by allotment.’ (See the book of Joshua.)

“After that He gave them judges for about four hundred and fifty years, until Samuel the prophet [described in the book of Judges]. And afterward they asked for a king; so God gave them Saul the son of Kish, a man of the tribe of Benjamin, for forty years [described in 1st and 2nd Samuel]. And when He had removed him, He raised up for them David as king, to whom also He gave testimony and said, “I have found David the son of Jesse, a man after My own heart, who will do all My will.” From this man’s (David’s) seed according to the promise, God raised up for Israel a Saviour—Jesus—after John had first preached, before His coming, the baptism of repentance to all the people of Israel (the first part of Matthew). And as John was finishing his course, he said, “Who do you think I am? I am not He. But behold, there comes One after me, the sandals of whose feet I am not worthy to loose” (John 1).

“Men and brethren, sons of the family of Abraham, and those among you who fear God, to you the word of this salvation has been sent. For those who dwell in Jerusalem, and their rulers, because they did not know Him, nor even the voices of the Prophets which are read every Sabbath, have fulfilled them in condemning Him. And though they found no cause for death in Him, they asked Pilate that He should be put to death. Now when they had fulfilled all that was written [in the Old Testament] concerning Him, they took Him down from the tree and laid Him in a tomb. But God raised Him from the dead. He was seen for many days by those who came up with Him from Galilee to Jerusalem, who are His witnesses to the people (1 Corinthians 15:6). And we declare to you glad tidings—that promise which was made to the fathers, in that He has raised up Jesus. As it is also written in the second Psalm: “You are My Son, today I have begotten You” (verse 7). And that He raised Him from the dead, no more to return to corruption, He has spoken thus: “I will give you the sure mercies of David” (Acts 13:34). Therefore He also says in another Psalm: “You will not allow Your Holy One to see corruption” (Psalm 16:10).
‘For David, after he had served his own generation by the will of God, fell asleep, was buried with his fathers, and saw corruption; but He whom God raised up saw no corruption. Therefore let it be known to you, brethren, that through this Man is preached to you the forgiveness of sins; and by Him everyone who believes is justified from all things from which you could not be justified by the law of Moses. Beware, therefore, lest what has been spoken in the prophets come upon you:

“Behold, you despisers, Marvel and perish! For I work a work in your days, A work which you will by no means believe, Though one were to declare it to you” ’ (Acts 13:16–41).

The Gentile people who were also listening to Paul’s discourse had never heard the story of Jesus or the gospel that their sins could be forgiven by believing, without animal sacrifices. “So when the Jews went out of the synagogue, the Gentiles begged that these words might be preached to them the next Sabbath. Now when the congregation had broken up, many of the Jews and devout proselytes followed Paul and Barnabas, who, speaking to them, persuaded them to continue in the grace of God. On the next Sabbath almost the whole city came together to hear the word of God” (Ibid., verses 42–44).

But now something terrible happened—something that has existed for generations up to the present time. Some people feel that their race is superior and their nation superior to other races of people and look down upon others who are different from them for various reasons, even skin color. The Jews had that very problem—exclusivism. They became envious of the fact that now the Gentiles were going to be offered salvation and there would eventually be more Gentiles that would accept Jesus than there would be Jews.

It says, “But when the Jews saw the multitudes, they were filled with envy; and contradicting and blaspheming, they opposed the things spoken by Paul. Then Paul and Barnabas grew bold and said, ‘It was necessary that the word of God should be spoken to you first; but since you reject it, and judge yourselves unworthy of everlasting life, behold, we turn to the Gentiles. For so the Lord has commanded us: “I have set you as a light to the Gentiles, that you should be for salvation to the ends of the earth” ’” (Ibid., verses 45–47).

Friend, how is it with you? There are many people today doing the very same thing that the Jews did in this instance. They don’t like somebody in a church or in a certain place, so they reject the gospel. These Jews rejected the gospel because of racial prejudice. By rejecting the gospel, a person declares that they are unworthy of eternal life.

God will allow those who declare themselves to be unworthy of eternal life by rejecting the gospel of Jesus and refusing to believe in Him to have their choice, but it will be at an eternal cost.

Don’t ever forget that you choose for yourself your own eternal destiny.

(Unless appearing in quoted references or otherwise identified, Bible texts are from the New King James Version.)

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Insights from the Book of Isaiah II

February 25 – March 3

Called to Witness

Key Text

“How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!” (Isaiah 52:7).


Introduction

“By communicating to others the grace we receive, we shall be made partakers of the rich blessings of God.” The Review and Herald, February 25, 1909.

Sunday

1  REVIVING OUR LOVE FOR THE TRUTH

a. When tempted to waste our time in selfish pursuits or trivial matters, what should we consider? Isaiah 55:6, 7; Hebrews 3:12, 13.

Note: “My brethren and sisters, seek the Lord while He may be found. There is a time coming when those who have wasted their time and opportunities will wish they had sought Him.” Testimonies, vol. 9, 106, 107.

b. Why is it important to study the word of God now? Amos 8:11, 12. What effect will personal Bible study have on us? John 8:31, 32; John 17:17.

Note: “Those who study the Bible, counsel with God, and rely upon Christ will be enabled to act wisely at all times and under all circumstances. Good principles will be illustrated in actual life. Only let the truth for this time be cordially received and become the basis of character, and it will produce steadfastness of purpose, which the allurements of pleasure, the fickleness of custom, the contempt of the world-loving, and the heart’s own clamors for self-indulgence are powerless to influence. Conscience must be first enlightened, the will must be brought into subjection. The love of truth and righteousness must reign in the soul, and a character will appear which heaven can approve.” Testimonies, vol. 5, 43.

Monday

2  REVIVING OUR LOVE FOR CHRIST AND OTHERS

a. What will the constraining love of God lead us to do? 2 Corinthians 5:14, 15.

Note: “If the love of God is in the heart, it will surely be revealed in tender love for others. The Lord is honored by our acts of mercy, by the exercise of thoughtful consideration for the unfortunate and distressed. The widow and the fatherless need more than our charity. They need sympathy and watchcare, compassionate words, and a helping hand to place them where they can help themselves. All deeds done for those who need help are done to Christ. In our study to know how to help the unfortunate, we should study the way in which Christ worked. He did not refuse to work for those who made mistakes; His works of mercy were performed for every class, the righteous and the unrighteous. For all alike He healed disease and gave lessons of instruction.” The Signs of the Times, July 14, 1909.

b. When this motive is lacking, what call to repentance must we accept—and why? Revelation 2:4, 5.

Note: “My brother, my sister, what are you doing for Christ? Are you seeking to be a blessing to others? Are your lips uttering words of kindness, sympathy, and love? Are you putting forth earnest efforts to win others to the Saviour? “It is a mystery that there are not hundreds at work where now there is but one. The heavenly universe is astonished at the apathy, the coldness, the listlessness, of those who profess
to be sons and daughters of God. For years the work has been kept before us, but many have been asleep.” The Review and Herald, August 7, 1913.

c. How can doing our “first works” in missionary lines improve our spirituality in the church?

Note: “Every departure from true missionary effort, every failure to cherish the missionary spirit, has reacted upon the church, and there has been a decline of spirituality. But every earnest effort that has been made in missionary lines has brought spiritual health to the church, and has not only increased the membership of the church, but has increased its holy zeal and gladness.” Testimonies to Ministers and Gospel Workers, 205, 206.

3 REWARDING RESULTS

a. What encouraging words illustrate the gratefulness that those who hear the message will have for those who bring the message? Isaiah 52:7.

Note: “He [God] wants you to institute meetings for those outside the churches, that the people may learn the truths of this last message of warning. There are places where you will be gladly received, where souls will thank you for coming to their help. May the Lord help you to take hold of this work as you have never yet taken hold of it.

“Let us begin to work for those who have not had the light. … What we need is a living faith, faith to proclaim over the rent sepulcher of Joseph that we have a living Saviour, one who will go before us and who will work with us. God will do the work if we will furnish Him the instruments. There needs to be among us a great deal more of prayer and much less of unbelief. We need to lift up the standard higher and still higher before the people. We need to remember that Christ is always at our right hand as we proclaim liberty to the captives and deal the bread of life to hungry souls. When we keep before our minds the urgency and importance of our work, the salvation of God will be revealed in a remarkable manner.

“God help us to put on the armor and to act as if we were in earnest, as if the souls of men and women were worth saving. Let us seek a new conversion.” Testimonies, vol. 9, 107.

b. What can happen as we join hands in this great endeavor? Isaiah 52:8, 15.

Note: “The Lord is calling upon His people to take up different lines of missionary work. Those in the highways and hedges are to hear the saving gospel message. Church members are to do evangelistic work in the homes of those of their friends and neighbors who have not yet received full evidence of the truth.” Reflecting Christ, 202.

“If we teach the truth as it is in Jesus, we shall teach it in the spirit of the true Educator; and we will not have various opinions, and cling to our own ideas with tenacity, but will see eye to eye.” “Ellen G. White Comments,” The Seventh-day Adventist Bible Commentary, vol. 7, 914.

Wednesday

4 HEEDING THE WAKE-UP CALL


Note: “His [Christ’s] life was one of unselfish service, and it is to be our lesson book.

“Human beings have no right to think that there is a limit to the efforts that they are to make in the work of soul-saving. Did Christ ever become weary in His work? Did He ever draw back from sacrifice and hardship? Church-members are to put forth the continuous, persevering efforts that He put forth.” The Review and Herald, August 7, 1913.
b. Do we need to wait for a government decree or a General Conference resolution in order to wake up? If not, why not? Romans 13:11–14; 1 Thessalonians 5:4–8.

Note: “The whole earth is to be lightened with the glory of God’s truth. The Lord will not close up the period of probation until the warning message shall be more distinctly proclaimed. The trumpet must give a certain sound. The law of God is to be magnified, its claims must be presented in their true, sacred character; that the people may be brought to decide for or against the truth. …

“You have long expected the wonderful startling events that are to take place just prior to the coming of the Son of man in the clouds of heaven with power and great glory. Now I ask, Are you prepared to give the trumpet a certain sound? Do you know that you are connected with God, and living in the light of His countenance? Who feels day by day that he belongs to the great co-partnership for honoring Christ by working out the Lord’s plan for the redemption of men? The best way to keep your own souls in the love of God is to become diligent workers for the salvation of others. …

“All heaven, if I may use the expression, is impatiently waiting for men to cooperate with the divine agencies in working for the salvation of souls. [Isaiah 52:7 quoted.] Who will arise and shine because the light has come, and the glory of the Lord hath risen upon them? Who have joined themselves to the Lord in holy covenant to become channels for the communication of heaven’s light and grace to our world?” General Conference Daily Bulletin, January 28, 1893.

Thursday

5 MAKING A GOOD CONFESSION

a. What confession do we need to make while probation still lingers? Isaiah 45:23; Romans 14:11; 10:9, 10.

Note: “Lose no time; confess Christ without delay. It is the Holy Spirit, the Comforter, the Spirit of truth that testifies of Christ. Jesus said, ‘Ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth’ (Acts 1:8). To grieve the Holy Spirit would make you a witness of Christ is a terrible thing. You know not when you may grieve the Spirit for the last time. The Holy Spirit does not work upon the human heart to compel you to give yourself to Christ, to force you to yield your conscience: but [the Spirit] shines into the chambers of the mind in a way to convict of sin, and to entice you unto righteousness. If you do not confess Christ now, the time will come when, overwhelmed with a sense of the great things that you have lost, you will make confession. But why not confess Christ now while mercy’s voice invites you?” The Youth’s Instructor, August 1, 1895.

b. When we confess Christ as our source of strength and righteousness, what effect will this have on our missionary efforts? Isaiah 45:24, 25.

Note: “In a special manner truth is adapted to the necessities of every human heart. As the children of God comprehend the ability of the Lord to supply their needs, they will reach out to meet the needs of the souls who are perishing in sin. God will accept all who will exercise faith in Him and become doers of His word.” The Review and Herald, August 12, 1909.

Friday

PERSONAL REVIEW QUESTIONS

1. Why is it important for us to know what is truth?
2. What happens to our spirituality if we fail to do missionary work?
3. When seeking to share Christ, on whom should we begin our focus?
4. What example has Christ given in daily life—and how can we follow it?
5. How can my personal confession of Christ be a more effective witness?
Reaching Out to Souls

Key Text

“The next sabbath day came almost the whole city together to hear the word of God” (Acts 13:44).


Introduction

“A tender spirit, a gentle, winning deportment, may save the erring and hide a multitude of sins.” The Ministry of Healing, 166.

Sunday

1 A MESSAGE FOR TODAY

a. What work today was foretold in the prophecy of Isaiah 56? Verses 1, 2.

Note: “The work of Sabbath reform to be accomplished in the last days is foretold in the prophecy of Isaiah. [Isaiah 56:1, 2, 6, 7 quoted.]” The Great Controversy, 451.


Note: “The Jews had come more and more to regard themselves as superior by divine right to every other people upon the earth; yet they had not been careful to maintain their separate and holy character by rendering obedience to all the commandments of God. Now the prophet declares that the stranger who will love and obey God shall enjoy the privileges that have belonged exclusively to the chosen people. Hitherto, circumcision and a strict observance of the ceremonial law had been the conditions upon which Gentiles could be admitted to the congregation of Israel; but these distinctions were to be abolished by the gospel.” The Signs of the Times, February 28, 1884.

Monday

2 REACHING BEYOND OUR CIRCLE

a. What was Isaiah shown about God’s plan for precious, sincere souls outside the fold of Christ? Isaiah 56:3–5. How was this seen in the preaching of the apostles? Acts 13:44.

b. What selfish human tendency must we and our families determine to resist? Haggai 1:4.

Note: “Your interest, and efforts, and anxieties are for your family and your relatives. But you have not entertained the idea of reaching out for others around you, overcoming your reluctance to exert an influence outside of a special circle. You idolize yours, and shut yourselves within yourselves. That the Lord may save me and mine is the great burden. This spirit will have to die before you can flourish in the Lord and make spiritual advancement, before the church can grow and souls be added unto them of such as shall be saved.” Testimonies, vol. 2, 77.

Note: “How many towns and cities there are that are utterly neglected. Our people are injuring themselves by crowding into one place. When trees in a nursery are crowded thickly together, they cannot grow healthfully and sturdily. Transplant trees from your thickly planted nursery. God is not glorified in the centering of so many advantages in one place. Give room; put your plants in many places, where one will not lean for support upon another. Give them room to grow. This the Lord demands of you.” Testimonies, vol. 8, 147.

Tuesday

3 THE LINK TO OUR TASTES AND HABITS

a. What is a wonderful promise given to new believers? Isaiah 56:6, 7. How are we to act a part in sharing the truth?

Note: “Every church is in need of the controlling power of the Holy Spirit, and now is the time to pray for it. But in all God’s work for man He plans that man shall co-operate with Him. To this end the Lord calls upon the church to have a higher piety, a more just sense of duty, a clearer realization of their obligations to their Creator. He calls upon them to be a pure, sanctified, working people. And the Christian help work is one means of bringing this about, for the Holy Spirit communicates with all who are doing God’s service. …

“Make regular, organized efforts to lift the church members out of the dead level in which they have been for years. Send out into the churches workers who will live the principles of health reform. Let those be sent who can see the necessity of self-denial in appetite, or they will be a snare to the church. See if the breath of life will not then come into our churches.” Testimonies, vol. 6, 266, 267.


Note: “The Lord is not pleased with the backslidden state of His people in regard to health reform. If they do not arouse to the need of heeding the light on health reform, they will soon fail to see the importance of other phases of the message.” Spalding and Magan Collection, 418.

“If the churches expect strength, they must live the truth which God has given them. If the members of our churches disregard the light on this subject [health reform], they will reap the sure result in both spiritual and physical degeneracy. And the influence of these older church members will leaven those newly come to the faith. The Lord does not now work to bring many souls into the truth, because of the church members who have never been converted and those who were once converted but who have backslidden. What influence would these unconsecrated members have on new converts? Would they not make of no effect the God-given message which His people are to bear?” Testimonies, vol. 6, 370, 371.
**Wednesday**

4 **TENDERNESS FOR THE OUTCASTS**

a. Describe the special care God has for those who need it most. Isaiah 56:8.

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**Note:** “Every one who loves God in sincerity and truth will love the souls for whom Christ has died. If we wish to do good to souls, our success with these souls will be in proportion to their belief in our belief in, and appreciation of, them. Respect shown to the struggling human soul is the sure means through Christ Jesus of the restoration of the self-respect the man has lost. Our advancing ideas of what he may become is a help we cannot ourselves fully appreciate. We have need of the rich grace of God every hour, then we will have a rich, practical experience, for God is love. He that dwelleth in love, dwelleth in God. Give love to them that need it most. The most unfortunate, those who have the most disagreeable temperaments need our love, our tenderness, our compassion. Those who try our patience need most love. We pass through the world only once; any good thing we can do, we should do most earnestly, uniritingly, with the same spirit as is stated of Christ in His work. He will not fail nor be discouraged. The rough, stubborn, sullen dispositions are the ones who need help the most. How can they be helped? Only by the love practiced in dealing with them which Christ revealed to fallen man. Treat them, you may, as they deserve. What if Christ had treated us thus? He, the undeserving, was treated as we deserve. Still we are treated by Christ with grace and love as we did not deserve, but as He deserved. Treat some characters, as you think they richly deserve, and you will cut off from them the last thread of hope, spoil your influence and ruin the soul. Will it pay? No, I say no, a hundred times no. Bind these souls who need all the help it is possible for you to give them close to a loving, sympathizing, pitting heart, overflowing with Christlike love, and you will save a soul from death and hide a multitude of sins.” *Fundamentals of Christian Education*, 281, 282.

b. How can we work for the outcasts in our own midst? James 5:19, 20.

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**Thursday**

5 **FOLLOWING THE MASTER’S EXAMPLE**

a. How can Christ’s compassionate ministry to sin-sick souls be reflected and imitated in the life of His followers? Isaiah 61:1–3.

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**Note:** “The mission of Christ was to heal the sick, encourage the hopeless, bind up the brokenhearted. This work of restoration is to be carried on among the needy, suffering ones of humanity. God calls not only for your benevolence, but your cheerful countenance, your hopeful words, the grasp of your hand. Relieve some of God’s afflicted ones. Some are sick, and hope has departed. Bring back the sunlight to them. There are souls who have lost their courage; speak to them, pray for them. There are those who need the bread of life. Read to them from the word of God. There is a soul sickness no balm can reach, no medicine heal. Pray for these, and bring them to Jesus Christ. And in all your work, Christ will be present to make impressions upon human hearts.” *A Call to Medical Evangelism and Health Education*, 23.

“We need not go to Nazareth, to Capernaum, or to Bethany, in order to walk in the steps of Jesus. We shall find His footprints beside the sickbed, in the hovels of poverty, in the crowded alleys of the great cities, and in every place where there are human hearts in need of consolation.

“We are to feed the hungry, clothe the naked, and comfort the suffering and afflicted. We are to minister to the despairing, and to inspire hope in the hopeless.

“The love of Christ, manifested in unselfish ministry, will be more effective in reforming the evildoer than will the sword or the court of justice. These are necessary to strike terror to the lawbreaker, but the loving missionary can do more than this. Often the heart that hardens under reproof will melt under the love of Christ.” *The Ministry of Healing*, 105, 106.

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**Friday**

**PERSONAL REVIEW QUESTIONS**

1. For what specific aim were camp meetings originally designed, and why?
2. Why should we manifest interest in new souls with no family in the faith?
3. What do our personal health habits have to do with missionary success?
4. What happens when we treat people as they deserve to be treated? How does Jesus treat us?
5. Where can you find opportunities to minister personally as Christ would?
Persevering Missionaries

Key Text

“He, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price” (Isaiah 55:1).


Introduction

“Soon there is to be trouble all over the world. It becomes everyone to seek to know God. We have no time to delay. With earnestness and fervor the message must be given: [Isaiah 55:1; 56:1, 2 quoted].” Testimonies, vol. 9, 228.

Sunday

1 PERSEVERANCE THROUGH DIFFICULTIES

a. What message must be given to everyone today, regardless of the trying circumstances that may confront us? Isaiah 55:1, 2. Why does God permit trials to come upon His church?

Note: “In all ages of the church God’s appointed messengers have exposed themselves to reproach and persecution for the truth’s sake. But wherever God’s people may be forced to go, even though, like the beloved disciple, they are banished to desert islands, Christ will know where they are and will strengthen and bless them, filling them with peace and joy. … God’s love for His church is infinite. His care over His heritage is unceasing. He suffers no affliction to come upon the church but such as is essential for her purification, her present and eternal good. He will purify His church even as He purified the temple at the beginning and close of His ministry on earth. All that He brings upon the church in test and trial comes that His people may gain deeper piety and more strength to carry the triumphs of the cross to all parts of the world. He has a work for all to do. There must be constant enlargement and progress. The work must extend from city to city, from country to country, and from nation to nation, moving continually onward and upward, established, strengthened, and settled.” Testimonies, vol. 9, 227, 228.

Monday

2 ARISE, SHINE!

a. What light is to shine in the heart of all who hear the gospel message? 2 Corinthians 4:6. Upon whom and through whom will this light shine today? Isaiah 9:2; Philippians 2:15.

Note: “Christ came to our world to reveal the Father amid the gross darkness of error and superstition which then prevailed. The disciples of Christ are to represent Him in their everyday life, and thus the true light from heaven will shine forth in clear, steady rays to the world; thus a character is revealed entirely different from that which is seen in those who do not make the word of God their guide and standard. A knowledge of God must be preserved amid the darkness that covers the world and the gross darkness that envelops the people. Age after age the pure character of Christ has been misrepresented by those who claimed to be believers in Him and in the word of God.” Testimonies to Ministers and Gospel Workers, 152.

b. How far-reaching is the light of the knowledge of Christ and His glory to extend? Isaiah 49:6.

c. How will God’s glory be revealed in these last days? Isaiah 60:1, 2; Matthew 5:16.

Note: “It is the darkness of misapprehension of God that is enshrouding the world. Men are losing their knowledge of His character. It has been misunderstood and misinterpreted. At this time a message from God is to be proclaimed, a message illuminating in its influence and saving in its power. His character is to be made known. Into the darkness of the world is to be shed the light of His glory, the light of His goodness, mercy, and truth.” Christ’s Object Lessons, 415.
The lay members of our churches can accomplish a work which, as yet, they have scarcely begun. ... Where there is an opening to obtain a livelihood, let families that are well grounded in the truth enter, one or two families in a place, to work as missionaries. ... They can distribute our publications, hold meetings in their homes, become acquainted with their neighbors, and invite them to come to these meetings. Thus they can let their light shine in good works.” Testimonies, vol. 8, 245.

Tuesday

3 FILLING THE EARTH WITH GLORY!

a. How does God depict the great final missionary thrust? Revelation 18:1–4. Why can’t this work be done by proxy?

Note: “God has sent message after message to arouse our people to do something, and to do it now. But to the call, ‘Whom shall I send?’ there have been few to respond, ‘Here am I; send me’ (Isaiah 6:8).” Testimonies, vol. 9, 46.

“Many professors of religion do nothing for Christ by personal effort. They are contented to have others do what properly belongs to themselves to perform, and, by lending a feeble influence for the workers, feel that they are doing good by proxy. Such persons do not possess that faith that works by love, and purifies the soul. They have no genuine religion, that enters into their daily business and regulates every action of their lives. A living faith in Christ is demonstrated by good deeds in our families, and our neighborhoods, by thoughtful, and practical consideration of the poor, by visiting and comforting the widows and the fatherless in their affliction, by keeping ourselves unspotted from the world, and by using our means and influence for the advancement of the cause of God. This must not be done grudgingly or murmuringly, but freely and cheerfully as Jesus gave all for us.” The Signs of the Times, August 22, 1878.

b. What are some of the ways in which we can be laborers together with God in this work? 1 Corinthians 3:9, 10.

Note: “Never was there greater need of earnest, self-sacrificing labor in the cause of Christ than now, when the hours of probation are fast closing. ... Brethren and sisters, will you answer the [Macedonian] cry? saying: ‘We will do our best, both in sending you missionaries and money. We will deny ourselves in the embellishment of our houses, in the adornment of our persons, and in the gratification of appetite. We will give the means entrusted to us into the cause of God, and we will devote ourselves also unreservedly to His work.’ ... Thus they can contribute money to send papers and books to those who have not the light of truth; they can help pay the expenses of students who are fitting for missionary work. Let every dollar that you can spare be invested in the bank of heaven.” Testimonies, vol. 5, 732, 733.

Wednesday

4 ENLIGHTENING THE PEOPLE

a. What assuring invitation of mercy are we called to give to all nations, and how are we to give it? Isaiah 55:3–5.

Note: “I entreat the Lord’s people to cease to criticize one another, and to give themselves to the proclamation of the truth for this time. ... We need now to bow before God in true humility of soul; for the day of clouds and thick darkness is fast approaching.

“The last great conflict is before us; but help is to come to all who love God and obey His law, and the earth, the whole earth, is to be lighted with the glory of God.” The Review and Herald, April 19, 1906.

“This work is given to all who have had Christ set forth crucified among them. By the baptism of the Holy Spirit, God’s people are to do, through the instrumentality of their Master, the work that Christ did. They are to represent the benevolence of God to our world. Partakers of the divine nature, they are not only to save their own souls, through faith in Jesus; but Christ says of them, Ye are laborers together with God. As His witnesses, He has given to each his work. As His representatives, they are to bear to the world the message of invitation and mercy.

“Christ enjoins upon His disciples to lift up the world’s Redeemer. They are to have a sense of their obligation to devote their entrusted capabilities to the work of winning souls to the gospel of Him who has made so full a sacrifice for the enlightenment and recovery of the world.” Ibid., March 22, 1898.
b. What should be remembered by those who are seeking to share with others the light of present truth directly from God’s Word? Isaiah 55:9–11.

Note: “The plan of holding Bible readings was a heaven-born idea. There are many, both men and women, who can engage in this branch of missionary labor. Workers may thus be developed who will become mighty men of God. By this means the word of God has been given to thousands; and the workers are brought into personal contact with people of all nations and tongues. The Bible is brought into families, and its sacred truths come home to the conscience. Men are entreated to read, examine, and judge for themselves, and they must abide the responsibility of receiving or rejecting the divine enlightenment. God will not permit this precious work for Him to go unrewarded. He will crown with success every humble effort made in His name.” Christian Service, 141.

Thursday

5 A DIVINE STANDARD LIFTED

a. When the enemy overwhelms us with the temptation to give up in our efforts to reach souls, what will God do for us? Isaiah 59:19.

b. What attitude of mind will enable us to press on in the face of difficult circumstances? Isaiah 50:7.

Note: “In my youth I made up my mind that, should I allow myself to be controlled by circumstances, my life would be a failure; I went about whatever I regarded as duty, even though the surroundings were against me. My father would frequently say, ‘Ellen, if it were your duty to go to such a place, it would be made so plain that you could have no doubt in the matter. In consideration of your youth and feebleness, the Lord will give you clear evidence of your duty; and He will give you strength to do it without difficulty.’ ‘But,’ said I, ‘Father, if difficulties appear, I must summon greater resolution to meet them, and in doing this I shall gain a valuable experience, one that will help me to wisely use the abilities entrusted to my care.’

‘Here is a work for every one of us to do. Never did I see and sense the value of souls as I do at the present time. How can we realize the importance of the work of salvation? In comparison with the value of the soul, everything else sinks into insignificance. This world and its treasures, this life and its happiness, are of little consequence, when we compare them with the joy of even one soul eternally saved. Until we have clear and distinct ideas of what that soul will enjoy when saved in the kingdom of glory; until we can fully comprehend the value of that life which measures with the life of God; until we can fully realize the riches of that reward which is laid up for those who overcome and gain the victory—we cannot know the inestimable value of the soul.” The Review and Herald, March 25, 1880.

Friday

PERSONAL REVIEW QUESTIONS

1. How can we be persevering in our missionary work today?
2. How can lay people do a tremendous work in spreading the truth?
3. How can we heed the Macedonian cry?
4. How does genuine religion work in the life?
5. When will the world and its treasures lose their significance to us?
Ultimate Triumph

Key Text

“With great power gave the apostles witness of the resurrection of the Lord Jesus: and great grace was upon them all” (Acts 4:33).


Introduction

“At this very hour His [God’s] Spirit and His grace are for all who need them and will take Him at His word.” Testimonies, vol. 8, 20.

Sunday

1 WITNESSING WITH POWER


Note: “[In the time of the early apostles], hundreds proclaimed the message: ‘The kingdom of God is at hand’ (Mark 1:15). They could not be restrained or intimidated by threatenings. The Lord spoke through them; and, wherever they went, the sick were healed, and the poor had the gospel preached unto them. “So mightily can God work when men give themselves up to the control of His Spirit.” Testimonies, vol. 8, 20.

b. What prophecy will have a more complete fulfillment in these last days? Isaiah 60:3–5.

Note: “When God’s people so fully separate themselves from evil that He can let the light of heaven rest upon them in rich measure, and shine forth from them to the world, then there will be fulfilled more fully than it has ever been fulfilled in the past the prophecy of Isaiah, [Isaiah 60:3–5 quoted].” In Heavenly Places, 313.

“Let Christians put away all dissension and give themselves to God for the saving of the lost. Let them ask in faith for the promised blessing, and it will come. The outpouring of the Spirit in the days of the apostles was ‘the former rain,’ and glorious was the result. But the latter rain will be more abundant.” Testimonies, vol. 8, 21.

Monday

2 THE TIMES OF REFRESHING

a. What reassuring promise of revival and refreshing does Hosea give under the figure of the early and latter rains? Hosea 6:1–3.

Note: “The great work of the gospel is not to close with less manifestation of the power of God than marked its opening. The prophecies which were fulfilled in the outpouring of the former rain at the opening of the gospel are again to be fulfilled in the latter rain at its close. Here are ‘the times of refreshing’ to which the apostle Peter looked forward … [Acts 3: 19, 20 quoted].” The Great Controversy, 611, 612.

“Those who receive the seal of the living God and are protected in the time of trouble must reflect the image of Jesus fully.

“I saw that many were neglecting the preparation so needful and were looking to the time of ‘refreshing’ and the ‘latter rain’ to fit them to stand in the day of the Lord and to live in His sight. Oh, how many I saw in the time of trouble without a shelter! They had neglected the needful preparation; therefore they could not receive the refreshing that all must have to fit them to live in the sight of a holy God.” Early Writings, 71.
c. In order to receive the power of the Holy Spirit without measure, what work must be done for us and by us? Isaiah 43:25; 44:22.

Note: “We may claim the blessed assurance, ‘I have blotted out, as a thick cloud, thy transgressions’ (Isaiah 44:22). Thy ‘sins, which are many, are forgiven’ (Luke 7:47). O, how precious, how refreshing, is the sunlight of God’s love! The sinner may look upon his sin-stained life, and say, ‘Who is he that condemneth? It is Christ that died.’ ‘When sin abounded, grace did much more abound’ (Romans 8:34; 5:20). Christ, the Restorer, plants a new principle of life in the soul, and that plant grows and produces fruit. The grace of Christ purifies while it pardons, and fits men for a holy heaven. We are to grow in grace and in the knowledge of our Lord Jesus Christ until we reach the full stature of men and women in Christ.” The Review and Herald, July 14, 1891.

Tuesday

3 THE GARMENTS OF SALVATION

a. While we may feel unworthy, what assurance can we have that the Lord will accept us when we come to Him in repentance? Isaiah 61:10.

Note: “Do not listen to the enemy’s suggestion to stay away from Christ until you have made yourself better; until you are good enough to come to God. If you wait until then, you will never come. When Satan points to your filthy garments, repeat the promise of Jesus, ‘Him that cometh to Me I will in no wise cast out’ (John 6:37). …

“‘In the beautiful parabolic prophecy of Zechariah, the high priest Joshua, standing clothed in filthy garments before the angel of the Lord, represents the sinner. And the word is spoken by the Lord, ‘Take away the filthy garments from him. And unto him He said, Behold, I have caused thine iniquity to pass from thee, and I will clothe thee with change of raiment. … So they set a fair miter upon his head, and clothed him with garments’ (Zechariah 3:4, 5). Even so God will clothe you with ‘the garments of salvation,’ and cover you with ‘the robe of righteousness’ (Isaiah 61:10).” Christ’s Object Lessons, 205, 206.


Note: “We must not wait for the latter rain. It is coming upon all who will recognize and appropriate the dew and showers of grace that fall upon us. When we gather up the fragments of light, when we appreciate the sure mercies of God, who loves to have us trust Him, then every promise will be fulfilled. [Isaiah 61:11 quoted.] …

“The time of test is just upon us, for the loud cry of the third angel has already begun in the revelation of the righteousness of Christ, the sin-pardoning Redeemer. This is the beginning of the light of the angel whose glory shall fill the whole earth.”


“A work must be done for the people, or many will not be prepared to receive the light of the angel sent down from heaven to lighten the whole earth with his glory. Do not think that you will be found as vessels unto honor in the time of the latter rain, to receive the glory of God, if you are lifting up your souls unto vanity, speaking perverse things, in secret cherishings roots of bitterness.” Manuscript Releases, vol. 1, 175.

Wednesday

4 PREPARING FOR THE RAIN

a. How must we prepare our hearts to participate in the latter rain? Joel 2:12–14; Hosea 10:12.
**Thursday**

5 STRIVING FOR GOD’S SEAL OF APPROVAL

a. What is to be the intensive focus of every follower of Christ—and why is this so necessary? Revelation 3:5; 7:1–4, 13, 14; 2 Corinthians 7:1.

Note: “The seal of the living God will be placed upon those only who bear a likeness to Christ in character.” Testimonies, vol. 1, 187.

b. Besides deep searching of heart and genuine repentance, what other duties do we have with regard to the latter rain? Matthew 5:6; Zechariah 10:1.

Friday

PERSONAL REVIEW QUESTIONS

1. What results can we expect to see under the power of the latter rain?
2. Who only will receive the seal of God?
3. What prevents us from receiving the latter rain?
4. What do we need to overcome in order to receive the latter rain?
5. What should we fear with regard to overcoming sin?
Earth’s Final Days

Key Text

“With righteousness shall He judge the poor, and reprove with equity for the meek of the earth: and He shall smite the earth with the rod of His mouth, and with the breath of His lips shall He slay the wicked” (Isaiah 11:4).


Introduction

“We are living in altogether too solemn a period of the world’s history to be careless and negligent.” Sons and Daughters of God, 118.

Sunday

1  AN AWESOME AWAKENING

a. Why is the latter rain to be such a joyous event in history? Hosea 6:1–3.

Note: “Servants of God, with their faces lighted up and shining with holy consecration, will hasten from place to place to proclaim the message from heaven. By thousands of voices, all over the earth, the warning will be given. Miracles will be wrought, the sick will be healed, and signs and wonders will follow the believers. Satan also works, with lying wonders, even bringing down fire from heaven in the sight of men (Revelation 13:13). Thus the inhabitants of the earth will be brought to take their stand.” The Great Controversy, 612.

Monday

2  THE GREAT CONTROVERSY UNFOLDS

a. What will be another result of successfully presenting the gospel under the power of the latter rain? Ecclesiastes 11:1, 2; 2 Corinthians 2:14–17.

Note: “Men of faith and prayer will be constrained to go forth with holy zeal, declaring the words which God gives them. The sins of Babylon will be laid open. The fearful results of enforcing the observances of the church by civil authority, the inroads of spiritualism, the stealthy but rapid progress of the papal power—all will be unmasked. By these solemn warnings the people will be stirred. Thousands upon thousands will listen who have never heard words like these. In amazement they hear the testimony that Babylon is the church, fallen because of her errors and sins, because of her rejection of the truth sent to her from heaven. As the people go to their former teachers with the eager inquiry, Are these things so? the ministers present fables, prophesy smooth things, to soothe their fears and quiet the awakened conscience. But since many refuse to be satisfied with the mere authority of men and demand a plain ‘Thus saith the Lord,’ the popular ministry, like the Pharisees of old, filled with anger as their authority is questioned, will denounce the message as of Satan and stir up the sin-loving multitudes to revile and persecute those who proclaim it.

“As the controversy extends into new fields and the minds of the people are called to God’s downtrodden law, Satan is astir. The power attending the message will only madden those who oppose it. The clergy will put forth almost superhuman efforts to shut away the light lest it should shine upon their flocks. By every means at their command they will endeavor to suppress the discussion of these vital questions. The church appeals to the strong arm of civil power, and, in this work, papists and Protestants unite. As the movement for Sunday enforcement becomes more bold and decided, the law will be invoked against commandment keepers. They will be threatened with fines and imprisonment, and some will be offered positions of influence, and other rewards and advantages, as inducements to renounce their faith. But their steadfast answer is: ‘Show us from the word of God our error’—the same plea that was all besides. Notwithstanding the agencies combined against the truth, a large number take their stand upon the Lord’s side.” The Great Controversy, 612.
made by Luther under similar circumstances. Those who are arraigned before the courts make a strong vindication of the truth, and some who hear them are led to take their stand to keep all the commandments of God. Thus light will be brought before thousands who otherwise would know nothing of these truths.” *The Great Controversy*, 606, 607.

**Tuesday**

### 3 PROTECTION ONLY FROM GOD

a. As church and state unite in defiant rebellion against God’s moral law of Ten Commandments, what will befall the faithful few who will seek to adhere to its holy principles? 2 Timothy 3:12; Revelation 13:11–17.

**Note:** “As the Sabbath has become the special point of controversy throughout Christendom, and religious and secular authorities have combined to enforce the observance of the Sunday, the persistent refusal of a small minority to yield to the popular demand will make them objects of universal execration. It will be urged that the few who stand in opposition to an institution of the church and a law of the state ought not to be tolerated; that it is better for them to suffer than for whole nations to be thrown into confusion and lawlessness. … This argument will appear conclusive; and a decree will finally be issued against those who hallow the Sabbath of the fourth commandment, denouncing them as deserving of the severest punishment and giving the people liberty, after a certain time, to put them to death. Romanism in the Old World and apostate Protestantism in the New will pursue a similar course toward those who honor all the divine precepts.

“The people of God will then be plunged into those scenes of affliction and distress described by the prophet as the time of Jacob’s trouble.” *The Great Controversy*, 615, 616.

b. When the normal channels of commerce are cut off and the protection of civil government is withdrawn, how will God’s faithful few survive? Isaiah 43:18–21; 41:17–20; 33:16.

**Note:** “The Lord has shown me repeatedly that it is contrary to the Bible to make any provision for our temporal wants in the time of trouble. I saw that if the saints had food laid up by them or in the field in the time of trouble, when sword, famine, and pestilence are in the land, it would be taken from them by violent hands and strangers would reap their fields. Then will be the time for us to trust wholly in God, and He will sustain us. I saw that our bread and water will be sure at that time, and that we shall not lack or suffer hunger; for God is able to spread a table for us in the wilderness. If necessary He would send ravens to feed us, as He did to feed Elijah, or rain manna from heaven, as He did for the Israelites.” *Early Writings*, 56.

**Wednesday**

### 4 SOLID SECURITY

a. What are God’s people instructed to do in anticipation of the time of trouble—and how will they be sheltered? Isaiah 26:20, 21; 49:15, 16.

**Note:** “Houses and lands will be of no use to the saints in the time of trouble, for they will then have to flee before infuriated mobs, and at that time their possessions cannot be disposed of to advance the cause of present truth. I was shown that it is the will of God that the saints should cut loose from every encumbrance before the time of trouble comes, and make a covenant with God through sacrifice. If they have their property on the altar and earnestly inquire of God for duty, He will teach them when to dispose of these things. Then they will be free in the time of trouble and have no clogs to weigh them down.

“I saw that if any held on to their property and did not inquire of the Lord as to their duty, He would not make duty known, and they would be permitted to keep their property, and in the time of trouble it would come up before them like a mountain to crush them, and they would try to dispose of it, but would not be able.” *Early Writings*, 56, 57.

“In the day of fierce trial He [Christ] will say, ‘Come, my people, enter thou into thy chambers, and shut thy doors about thee: hide thyself as it were for a little moment, until the indignation be overpast’ (Isaiah 26:20). What are the chambers in which they are to hide? They are the protection of Christ and holy angels. …

“I saw the saints leaving the cities and villages, and associating together in companies, and living in the most solitary
places. Angels provided them food and water, while the wicked were suffering from hunger and thirst.

“During the night a very impressive scene passed before me. There seemed to be great confusion and the conflict of armies. A messenger from the Lord stood before me, and said, ‘Call your household. I will lead you; follow me.’ He led me down a dark passage, through a forest, then through the clefts of mountains, and said, ‘Here you are safe.’ There were others who had been led to this retreat. The heavenly messenger said. ‘The time of trouble has come as a thief in the night, as the Lord warned you it would come.’

“In the time of trouble just before the coming of Christ, the righteous will be preserved through the ministration of heavenly angels; but there will be no security for the transgressor of God’s law. Angels cannot then protect those who are disregarding one of the divine precepts.” *Maranatha*, 270.

**Thursday**

5 **DELIBERANCE!**

a. Who will be safe at the hour of God’s wrath? Isaiah 33:13–16; 52:9, 10.

b. What awesome event will turn the world upside down—perhaps in order that every eye shall see it at approximately the same time? Isaiah 11:4; 24:1–6, 19–22; Revelation 1:7. What will the saints declare? Isaiah 25:9.

**Note:** “It was at midnight that God chose to deliver His people. … Dark, heavy clouds came up and clashed against each other. But there was one clear place of settled glory, whence came the voice of God like many waters, shaking the heavens and the earth. There was a mighty earthquake. The graves were opened, and those who had died in faith under the third angel’s message, keeping the Sabbath, came forth from their dusty beds, glorified, to hear the covenant of peace that God was to make with those who had kept His law.” *Early Writings*, 285.

“Soon there appears in the east a small black cloud, about half the size of a man’s hand. It is the cloud which surrounds the Saviour and which seems in the distance to be shrouded in darkness. The people of God know this to be the sign of the Son of man. In solemn silence they gaze upon it as it draws nearer the earth, becoming lighter and more glorious, until it is a great white cloud, its base a glory like consuming fire, and above it the rainbow of the covenant. Jesus rides forth as a mighty conqueror.” *The Great Controversy*, 640, 641.

“At the coming of Christ the wicked are blotted from the face of the whole earth—consumed with the spirit of His mouth and destroyed by the brightness of His glory. Christ takes His people to the City of God, and the earth is emptied of its inhabitants. [Isaiah 24:1, 3, 5, 6 quoted.]” Ibid., 657.

**Friday**

**PERSONAL REVIEW QUESTIONS**

1. Why can all who sow seeds of truth today do so with joy and confidence?
2. What will be the result of some being summoned to testify for their faith?
3. How can we be preparing now for the actual crisis of the time of trouble?
4. What will happen to our possessions when the real crisis strikes?
5. Why can we be thankful that God gives so many details about the future?
Tropical Tangy
Grapefruit

By Lynette Golia

W e can thank the Jamaicans for this relatively recent addition to the citrus family, with fruits spotted in the forests of the Caribbean on the island of Barbados in the middle 1700s. The grapefruit was known as the *shaddock or shattuck* until the 1800s. Its current name alludes to fruit grown in clusters as it resembles large clusters of yellow grapes on the tree, with premature fruit similar in shape to unripe green grapes.

The fruit we know today as grapefruit is most likely a natural cross between the pummelo and the sweet orange, now cultivated in many tropical, semi-tropical, and warm temperate regions worldwide for the sweet-sour fruit that often graces the breakfast, lunch, or dinner table.

Grapefruit come in white, pink, and red varieties, colors that refer to the fleshy interior. Pink and red grapefruit contain over fifty times the carotenoid of white, which convert to healthy levels of vitamin A, an antioxidant required for maintaining healthy mucosa, skin, and peripheral vision. They are also high in lycopene, an antioxidant believed to help lower the risk of prostate cancer. White grapefruit contains the flavonoid naringin which is responsible for giving it its bitter taste and is essentially an antioxidant that seeks and destroys free radicals (cancer-promoting agents).

This luscious, nutritious fruit contains fairly high levels of potassium, important in controlling blood pressure, as well as the B vitamin inositol, helpful in metabolizing fat and cholesterol, reducing triglycerides, and critical for cell growth in the bone marrow, eye membranes, and intestines. Grapefruit is even more highly valued as a powerhouse of vitamin C—just a half provides nearly 70 percent of the recommended daily allowance. Vitamin C, a powerful natural antioxidant, aids the body in developing resistance against infectious agents by optimizing immune function. In addition, vitamin C is required for the maintenance of healthy connective tissue and early wound healing.

Some people with rheumatoid arthritis, lupus, and other inflammatory disorders find that eating grapefruit daily seems to alleviate these symptoms. This relief is thought to stem from plant chemicals that block prostaglandins, substances that cause inflammation.

Grapefruits do, however, contain a class of compounds known as furanocoumarin derivatives, that interfere with the action of various prescription medications, posing a potentially lethal health risk. Consult your healthcare practitioner before consuming grapefruit or the juice if taking pharmaceutical drugs. People on medication for kidney disease must also be cautious when consuming grapefruit.

Soothe the inflammation of a sore throat and cough with the juice of a grapefruit combined with warm water and honey. Consume regularly until relief occurs.

Enjoy a sectioned grapefruit raw or briefly broiled. Nothing compares in flavor to a freshly squeezed glass of grapefruit juice. Frozen substitutes excellently when fresh is not available.

Having a natural affinity for avocado, grapefruit can be combined in a salad with orange and tangerine sections arranged over baby greens or spinach topped with a creamy avocado dressing. LEM

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**Recipe**

**Pomegranate Apple Grapefruit Juice**

<table>
<thead>
<tr>
<th>2 grapefruits, peeled</th>
<th>½ cup pomegranate arils</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 red or green apples, organic, if possible</td>
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</tbody>
</table>

Juice the grapefruits, apples, and pomegranate arils. Enjoy the delicious, refreshing, vitalizing boost of natural vitamins C and A.
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